



## ACALANES BOYS SOCCER

Welcome to the Acalanes High School Boys Soccer program. The season of play is November through February. Practice times and game times differ for each team, but a general listing of each team is included below. The general philosophy of the program is to encourage and develop critical thinking, decision making, communication skills and personal accountability. This program provides a competitive athletic environment where high value is placed on work ethic, determination and grit.

If you have any questions about the program, please contact the Program Director and Head Coach:

Paul Curtis    **e-mail & phone:**    [curtisteam@gmail.com](mailto:curtisteam@gmail.com)    **925-890-3248**

### **Varsity Program:**

Practices are Monday through Saturday, weekdays in the evenings and afternoon; Saturday practices are generally in the morning. Games are held during the week and on Saturdays. This Program is for experienced players who have the necessary physical and mental skills and desire to compete at the highest level. Team size is 18-22 players. Season is up to 24 matches, 2 scrimmages, plus playoffs. There is one tournament the first four Saturdays of December.

### **Junior Varsity Program:**

Practices are Monday through Friday in the afternoons and evenings and occasionally on Saturday in the mornings. Games are held during the week and on Saturdays. Season is up to 24 games and 2 scrimmages. Program is generally for sophomore and junior players who are still developing their skill set yet who can compete in an environment of competitive play.

### **Freshman Program:**

Practices are usually Monday through Friday, in the afternoons and evenings. Games are usually twice a week and often on Saturday. Normal season is 16 to 18 games. This program is for freshmen athletes who are in earlier phases of their skill development.

### **Tryout Schedule (subject to change):**

Monday	October 29 <sup>th</sup>	3:30 pm – 5:30 pm	Report to Stadium
Tuesday	October 30 <sup>th</sup>	7:30 pm – 9:30 pm	Report to Stadium
Wednesday	October 31 <sup>st</sup>	3:30 pm – 5:30 pm	Report to Stadium
Thursday	November 1 <sup>st</sup>	7:30 pm – 9:30 pm	Report to Stadium

Bring to each tryout: Running shoes, soccer cleats, water, shin guards

You must use the Acalanes High School Website to obtain your athletic clearance. You are required to have obtained your athletic clearance before you can tryout. [www.acalanes.k12.ca.us/acalanes](http://www.acalanes.k12.ca.us/acalanes) Click on **Athletics** and then **Athletic Registration**.

**Open Field Kick-Arounds** are the pre-season optional opportunities to be on the field before tryouts. Come when you can, they are open to anyone of high school age and all are from **7-8:30 PM** in the stadium. Bring your cleats and running shoes as warmups will be on the track while we wait for football to finish their practices.

<b>Tuesday October 9<sup>th</sup></b>	<b>Thursday October 11<sup>th</sup></b>
<b>Tuesday October 16<sup>th</sup></b>	<b>Thursday October 18<sup>th</sup></b>
<b>Tuesday October 23rd</b>	<b>Thursday October 25<sup>th</sup></b>

## *A Tradition of Excellence*

### **League Champions**

1979 1980 1981 1982  
1985 1986 1990 1991  
1992 1994 2001 2003  
2006 2009 2011 2012  
2013 2017

### **NCS Champions**

1990 1992  
1998 2009  
2017

### **NCS Top 3 Scholastic Team**

2002 2003  
2007 2008  
2015 2016