

Athletic Clearance

Completion and Submission

To access Athletic Clearance paperwork, follow these steps.

- Go to the Acalanes Union High School District website.
- Go to the menu bar at the top of the page and click on "Parents."
- Click on "Athletics."
- Click on "Acalanes High School Online Registration."

Or

- Go to the Acalanes High School website.
- Go to the menu bar at the top of the page and click on "Athletics."
- Click on "Athletic Registration."
- Click on "Acalanes High School Online Registration."

The website will direct you through the entire process.

- You must print one Emergency Contact Form for each sport of participation.
- You must print the Athletic Physical Exam Form. Note: This is the new version of the Athletic Clearance Form. **Any older versions will not be accepted.**
- Note: If this is the second or third sport, only the Emergency Contact Form must be submitted.

The Emergency Contact Form page will not be accepted without the following.

- All emergency information.
- Health insurance carrier and policy number.
- Student and parent signature.

The Athletic Clearance Form will not be accepted without the following.

- The health history checklist must be completed.
- The physician must stamp and date.
- The physician must sign and date. The date must be July 1, 2017 or later. The physician must be a licensed medical doctor. The physician may not be a chiropractor, acupuncturist, etc.

Each parent is encouraged to complete and submit the Volunteer Transportation form. The Automobile Insurance Declaration page must accompany this form. Carpooling is frequently used to transport athletes and each driver must have the Volunteer Transportation form on file. Submit to Randy Takahashi.

Each team will establish an amount for their team contribution and provide the budget that is used to establish the dollar amount. The contribution is not mandatory, but is necessary to provide our student-athletes with the best athletic experience.

The contribution may be paid on the Webstore. If paid by check, the check made payable to Acalanes High School must be submitted only to Maria Golinveaux, financial technician, or Randy Takahashi, athletic director.

The Athletic Department strongly encourages purchase of a Booster Club membership. This financial support is important because the Booster Club is the sole financial sponsor of the Athletic Trainer's stipend for Chris Clark as well as all of the supplies for the Athletic Training program. The district does not pay for any of these costs.

Athletic Clearance collection prior to the beginning of the school year will be during the following days and times in room 207.

- Thursday, August 3 and Friday, August 4 from 8:00 am to 3:30 pm.
 - Monday, August 7 from 8:00 am to 5:30 pm.
 - Tuesday, August 8 through Friday, August 11 from 8:00 am to 3:30 pm.
 - Monday, August 14 from 6:00 am to 7:00 am and 2:30 pm to 8:00 pm.
 - Tuesday, August 15 from 7:30 am to 1:00 pm in the small gym during Don's Day.
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If you are having difficulty getting the physician to sign the Athletic Clearance Form, you may contact the following medical providers for same day or next day appointments.

Dr. William Workman
Acalanes HS athletic team physician
101 Ygnacio Valley Road, Suite #400
Walnut Creek, CA 94598
Mondays and Thursdays only
925-944-0110

Walnut Creek Urgent Care
112 La Casa Via Way, suite 135
Walnut Creek, CA 94596
Monday through Saturday
\$75
925-930-8200

For questions or problem solving, contact Randy Takahashi by email at rtakahashi@acalanes.k12.ca.us