

*Acalanes High
School*

Athletic Department

2013-2014 Summary

Fall sports athletic update.

The Cross Country team had an outstanding season. The boys finished 4th in the DFAL. At the NCS Meet of Champions, the boys finished 6th in division III led by Cameron Gaskell finishing 3rd, Alec Weber 33rd, Aaron Harman 35th, Michael Wang 37th and Nima LeClerc 40th. For the girls Sammy Taketa finished 8th. At the CIF State Championships, Cameron Gaskell finished 25th in division III boys and Sammy Taketa finishing 28th for the girls.

All DFAL

First team

Cameron Gaskell, sophomore
Michael Wang, senior

Second Team

Sammy Taketa, sophomore

NCS Scholar Team honors:

Varsity boy's team with an overall GPA of 3.61.
Varsity girl's team with an overall GPA of 3.33.
Junior varsity boy's team with an overall GPA of 3.12.
Junior varsity girl's team with an overall GPA of 3.25.
Frosh-soph boy's team with an overall GPA of 3.50.
Frosh-soph girl's team with an overall GPA of 3.50.

NCS Scholar Athletes

Varsity

Will Audley
Sammy Browne
Jared Ericksen
Briana Grether
Alex Kelly
Brooke Lennox
Nicholai Martinsen
Seth McWhirter
Katie Park
Sammy Taketa
Michael Wang
Alec Weber

Junior varsity

Ali Bergmann
Jonah Bodden
Sage Catton
Megan Conner
Jared Gragg
Griffin Haz
Alex Hennies
Aidan Langtry
Ryn McWhirter
Jesse Mould
Ruth Shaffer
Preston Tso
Charlie Westphal
Katie Wikler

Frosh-Soph

Aidan Adly
Kyle Ashburn
Elise Berg
Joshua Candau
Owen Chan
Andrew Chow
Joe Fonstein
Clark Fromer
Lydia Hancock
Andy Hyatt
Janina Larsen
Peyton Li
Sam Machol
Mitchell McTigue
Rain Mize
Kevin Mone
Payson Newman
Stefan Ramsey
Zach Tom
Rachel Wan

Zachary Wiesenthal

The Football team finished 7-5 overall, and 4th in the DFAL with 3-3 record. In the NCS playoffs, they defeated Sonoma Valley HS in the first round before being defeated by Campolindo HS in the quarterfinals.

John Lauth, senior, was named as a Bay Area News Group All East Bay third team selection for football.

All DFAL

First team

Tom Hofmeister (DL), junior
Jon Lauth (LB), senior
Brett Merrill (DB), senior
Peter Mitchell (RB), senior
Robbie Stern (WR), senior

Second team

Brady Aiello (OT), junior
Andrew Bosshart (WR), senior
Tommy Kresnak (LB), senior
Drew Rule (C), senior

Honorable mention

Andrew Bosshart (DB), senior
Jared Finney (LB), junior
Casey Harrington (QB), junior
Chad Johnson (K), junior
Kyle Kinnear (DL), senior
John Lauth (Util), senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.01.
Junior varsity team with an overall GPA of 3.16.
Freshman team with an overall GPA of 3.16.

NCS Scholar Athletes

Varsity

Andrew Bosshart
Christo Collett
Sam deRoque
Michael Fink
Oleg Helms
Grant Henderson
Tommy Kresnak
John Lauth
Brian Lilienstein
Drew Rule

Junior varsity

Josh Douglas
Griffin Holt
Glenn Johnston
Devin MacIntyre
Matthew Self

Freshman

Joe Baginski
Cole Gallagher
Paul Griessel
Jack Lewerenz
Jared Min
Matthew Mlynek
Julian O'Donnell
Noah Prozan
David Severet

The Girls Golf team finished with an overall and DFAL record of 8-4. The team finished in 3rd place at the DFAL Championships to qualify for the NCS Southern Qualifier, as Elizabeth Schultz finished 3rd, Emily Attiyeh 10th and Adrienne Lee 12th. At the NCS Southern Qualifier, the team finished 6th to qualify for the NCS Championships, as Elizabeth Schultz shot a 74 finishing in 4th place, Emily Attiyeh 80 to finish 7th and Adrienne Lee 82 to finish in 11th place. At the NCS Championships, the team finished 10th and Elizabeth Schultz shot a 70 to finish 3rd and qualify for the CIF NorCal Championships. Adrienne Lee shot an 87 to finish in a tie for 35th. At the CIF NorCal Championships, Elizabeth Schultz shot a one-over par 74 to finish 2nd to qualify for the CIF State Championships where she shot a one-under par 71 to finish tied for 2nd.

Elizabeth Schultz, senior, was named as a Bay Area News Group East Bay Girls Golfer of the Year.

All DFAL

Elizabeth Schultz, senior, was named Most Valuable Player of the DFAL for the third consecutive year.

First team

Adrienne Lee, senior

Second Team

Emily Attiyeh, freshman

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.62.

NCS Scholar Athletes

Varsity

Emily Attiyeh

Lauren Kim

Adrienne Lee

Camila Mendez

Allison Merrill

Kween Ojeda

Tess Olsson

Elizabeth Schultz

Melissa VanPell

Alyssa Wixsom

The Girl's Tennis team finished 3rd in the DFAL with a record of 8-4 and an overall record of 10-8. In the NCS Team Playoffs, they were defeated by James Logan HS. Isabella vonEbbe placed 2nd in singles at the DFAL Championships and qualified for the NCS Championships. Tessa Karagocev and Melissa VanPell placed 3rd in doubles at the DFAL Championships. At the NCS Singles Championships, Isabella vonEbbe finished in 4th place.

Isabella vonEbbe, junior, was named as a Bay Area News Group All East Bay first team selection for girls tennis.

First team

Isabella vonEbbe, junior

Second team

Tessa Karagocev, senior

Honorable mention

Melissa VanPell, sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.48.

Junior varsity team with an overall GPA of 3.67.

NCS Scholar Athletes

Varsity

Madeline Bakar

Tara Barabi

Lan-Anh Ho

Skylar Jeveli

Shelley Kwok

Teresa Lo

Aleksandra Singer

Erin Siu

Melissa Van Pell

Isabella vonEbbe

Arielle Wenokur

Megan Yee

Julia Zucker

Junior varsity

Alex Awwad

Sam Bell

Olivia Daniels

Allie Figueredo

Maddie Guzaitis

Shanel Kashef

Julia Lauer

Lucy Nguyen

Bridget Parry

Eva Poulsen

Doe Steinbrecher

Melanie Tymn

Katie Walner

Riley Winqvist

Kelianne Witt

Megan Yee

Callie Zucker

The Girls Volleyball team had an overall record of 12-11, and a DFAL record of 6-6 to finish 4th in the league. In the NCS playoffs they were defeated by Analy HS.

All DFAL

First Team

Molly Dalziel, junior

Second Team

Rachel Cox, senior

Honorable Mention

Katie Nall, senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.43.

Junior varsity team with an overall GPA of 3.49.

Freshman team with an overall GPA of 3.47.

NCS Scholar Athletes

Varsity

Molly Dalziel

Maddie Graham

Dory Grobeck

Parker Jones

Maddy Sauer

Caroline Wash

Junior varsity

Asha Alagappan

Devin Grobeck

Rachel Lom

Liza Pressman

Morgan Shepherd

Lia White

Freshman

Kaitlin Clever

Hayley Gotelli

Lan Chi Ho

Emilie Malinovsky

Caroline Passalacqua

Kira Robertson

Claire Terentieff

The Boys Water Polo team finished with an 11-13 overall record, and 2-3 in the DFAL to finish in 4th place.

Tommy Bush, senior, was named as a Bay Area News Group All East Bay first team selection for boys water polo.

All DFAL

First team

Tommy Bush, senior

Second team

Ryan McCracken, senior
Tucker Stone, senior

Honorable mention

Brendan Supple, sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.28.

Junior varsity team with an overall GPA of 3.34.

NCS Scholar Athletes

Varsity

Casey Conrad
Tommy Fellner
Jack Hillman
Brad Robison
Charlie Rogers

Junior Varsity

Daniel Erenstein
Michael Green
Nico Hillman
Kai Mills
Diego Mountin
Jack Stryker
Nate Welcomer

The Girls Water Polo team finished with a 15-12 overall record, and 2-3 DFAL record to finish 4th in the league. They defeated Encinal HS in the first round and Marin Catholic HS in the quarterfinals before falling to Campolindo HS in the semifinals.

Chase Lanier, senior, was named as a Bay Area News Group All East Bay second team selection for girls water polo.

All DFAL

First team

Hannah Kresnak, sophomore
Chase Lanier, senior

Second team

Reilly Fellner, senior
Ellyn Stewart, senior

Honorable Mention

Emma Myall, sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.40.
Junior varsity team with an overall GPA of 3.47.

NCS Scholar Athletes

Varsity

Brooke Alsterlind
Hannah Kresnak
Chase Lanier
Ellyn Stewart

Junior Varsity

Grace Baer
Mia Carvotta
Sabrina Elliott
Nicole Jackson
Izzy Kirke
Maddy Stewart
Mia Stripling
Annika Walker
Lexi Williams

Winter Sports Update

The Boys Basketball team was 5th in the DFAL with a record of 17-13 overall, and 5-7 in the league. In the NCS playoffs, they defeated San Marin HS in the first round and Sir Francis Drake HS in overtime in the quarterfinals before being defeated by Bishop O'Dowd HS in the semifinals. In the CIF NorCal playoffs, they were defeated by Christian Brothers HS in the first round.

All DFAL

First Team

Buster Souza, senior

Second Team

Matt Thomas, senior

Honorable Mention

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.20.

Junior Varsity team with an overall GPA of 3.13.

Freshman team with an overall GPA of 3.08.

NCS Scholar Athletes

Varsity

Ryan Cheng

Buster Souza

Ross Teichman

Junior Varsity

Nathan Edwards

Paul Griessel

Ryan Summerlin

Freshman

Alex Hashim

Ryan Levy

Connor McCarthy

Ki Mills

The Girls Basketball team was 4th in the DFAL with a record of 11-15 overall, and 4-8 in the DFAL.

All DFAL

First Team

Second Team

Honorable Mention

Julia Lyons, sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.44.

Junior varsity team with an overall GPA of 3.36.

NCS Scholar Athletes

Varsity

Emma Godfrey

Alex Grant-Hudd

Julia Lyons

Roni Marrone

Olivia Sabbadini

Junior varsity

Emily Attiyeh

Maya Canonizado

Bella Denny

Emilie Malinovsky

Allison Merrill

Sabina Patel

Sophie Ross

Cara Wolfe

The Boys Soccer team was 3rd in the DFAL with a record of 8-11-4 record and 5-5-2 in the DFAL. In the NCS playoffs, they were defeated by Hercules HS 3-2 in the first round.

All DFAL

Kaj Simonsen, senior, was named Offensive Most Valuable Player of the DFAL.

First team

Patrick Ramm, junior
Eric Sirott, junior

Second team

Lucien Chan, junior
Zach Kramer, junior

Honorable mention

Nathan Ferreira, junior
Ben Lenz, junior
Thomas Pathoumthong, senior

NCS Scholar Team honors

Varsity team with an overall GPA of 3.35.
Junior Varsity team with an overall GPA of 3.26.
Frosh-soph team with an overall GPA of 3.27.

NCS Scholar Athletes

Varsity

Henry Baglietto
Jared Gragg
Zach Kramer
Aidan Langtry
Christian Linfoot
Alex Longerbeam
Mason McKay
Joe Moran
Kaj Simonsen
Eric Sirott

Junior varsity

Kian Bagheri
Colin Halverson
Max Motley
Zaid Nabulsi
Nick VanOss

Frosh-Soph

Aidan Beard
Peter Candell
Andrew Hyatt
Nixson Murgia
Ben Nash
Payson Newman
Stefan Ramsey
Gabe Singer
Mark VonHacht

The Girls Soccer team had an overall record of 4-9-4 and a DFAL record of 0-8-4.

All DFAL

First team

Phoebe Wixsom, senior

Second team

Gabby Paolini, senior

Honorable mention

Blake Balfrey, junior
Caroline Clark, freshman
Bella Gotts, senior

The Varsity team was an NCS Scholastic Championship team with the third highest overall GPA in division 2.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.57.

Junior varsity team with an overall GPA of 3.57.

Frosh-soph team with an overall GPA of 3.42.

NCS Scholar Athletes

Varsity

Blake Balfrey
Hannah Barnes
Jessica Carlin
Callie Ericksen
Sabrina Kenney
Katherine Larson
Jackie Nichols
Gabby Paolini
Morgan Rogers
Jade Sadoff
Emma Starr
Maddie Wheeler
Phoebe Wixsom

Junior varsity

Savannah Autran
Bella Baglietto
Sophia Basaldua
Sam Bell
Sophie Bishopp
Mia Carvotta
Audrey Carvotta
Anna deRoque
Allie Figueredo
Greta Kohls
Erin Nolan
Katie Welch
Emma Welsh

Frosh-soph

Hannah Kramer
Emilie Malinovsky
Allison Merrill
Maya Michon
Dierdre Nelis
Tess Olsson
Aleksandra Singer
Madison Toma
Kate Walner

The Wrestling team had a DFAL record of 0-6. Andrew Nakahara and Brian Lilienstein placed 2nd and Sam Ridge and Tai White 3rd at the DFAL Championships to qualify for the NCS Championships. Andrew Nakahara placed 8th at the NCS Championships.

All DFAL

First team

Second team

Honorable mention

Brian Lilienstein (132), senior

Sam Ridge (145), junior

Andrew Nakahara(138), senior

Tai White (106), freshman

The Varsity team was an NCS Scholastic Championship team with the third highest overall GPA.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.21.

Junior varsity team with an overall GPA of 3.25.

NCS Scholar Athletes

Varsity

Oleg Helms

Miles Hooser

Brian Lilienstein

Rain Mize

Andrew Nakahara

Sam Ridge

Will Timken

Tai White

Junior Varsity

Peyton Li

Sean Mize

Ryan Ramsay

Riley Smith

The Cheerleading squad placed 3rd in the Regional Championships to qualify for the State Championship competition.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.07.

Junior varsity team with an overall GPA of 3.16.

NCS Scholar Athletes

Varsity

Allison Candell

Natalie Clendening

Rachel Kastigar

Emma Whitmore

Junior Varsity

Dominique Gillis

Sarah Manning

Spring Sports Update

The Baseball team was 4th in the DFAL with a record of 6-6, and overall record of 16-11. In the NCS playoffs, they defeated Del Norte HS 6-1 in the first round and Sir Francis Drake HS 5-2 in the quarterfinals, before falling to Tamalpais HS 2-0 in the semifinals.

All DFAL

First team

Austin Fisher (shortstop), senior

Second team

Max Diaz (outfield), senior
Grant Henderson (DH), senior
Daniel Kim (utility), freshman
Doug Nimura (pitcher), senior
Zach Stromberg (pitcher), junior

Honorable mention

Matt Jorgensen (utility), senior

Gold glove

Austin Fisher, (shortstop), senior

The Varsity team was an NCS Scholastic Championship team with the third highest overall GPA in division 3.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.07.

Junior varsity team with an overall GPA of 3.29.

NCS Scholar Athletes

Varsity

Henry Baglietto
Grant Henderson
Matt Jorgensen
Daniel Kim
Chris Mickas
Michael Ney
Alec Weber

Junior Varsity

Josh Candau
Brian Dyer
Cole Gallagher
Paul Griessel
Yoshi Koyake
Ryan Levy
Joey Miller
Matthew Moorehead
Matt Self
Jack Stryker

The Boys Golf team finished 4th in the DFAL with a record of 5-7, and finished in 3rd place at the DFAL Championships. They had an overall record of 8-8. They placed 7th at the NCS Southern Qualifier as Will Brueckner shot the low score of 67, 4 shots ahead of the next golfer. Peter Tripp tied for 28th and Justin Reilly tied for 42nd. The team placed 8th at the NCS Championships as Will Brueckner shot a 67 to finish second. At the CIF NorCal Championships, Will Brueckner shot a 66 to record the lowest score. At the CIF State Championships, Will Brueckner shot a 69 finishing in 4th place.

Will Brueckner, senior, was named as a Bay Area News Group All East Bay boys golfer of the year.

All-DFAL

Will Brueckner, senior, was named Most Valuable Player of the DFAL.

First Team

Second Team

Kennedy Kim, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.44.

Junior Varsity team with an overall GPA of 3.03.

NCS Scholar Athletes

Varsity

Jake Basilico

Arden Childers

Kennedy Kim

Julian O'Donnell

Junior Varsity

Brice Bixler

Adam Blake

Luke Denny

Grant Gerber

Zach Tom

Connor Virostek

The Boys Lacrosse team was the DFAL Champion, with a 11-1 record, and finished with a 20-4 overall record. They were the NCS runner-ups defeating Bay School HS 18-1 in the first round of the NCS playoffs, St. Mary's HS of Stockton 16-4 in the quarterfinals and Piedmont HS 17-6 in the semifinals before falling to Marin Catholic HS 7-6 in overtime in the championship game.

Brent Ringwood was named California Coaching Association Northern State Coach of the year for boys lacrosse.

Robbie Stern was named as an All-American for boys lacrosse.

Robbie Stern, senior, was named as a Bay Area News Group All East Bay boys lacrosse player of the year.

Peter Mitchell, senior, was named as a Bay Area News Group All East Bay first team selection for boys lacrosse.

Jack DeVeny, senior, Vinny Gladden, junior, Adrian Jeffries, junior and Jack Mariani, senior were named as a Bay Area News Group All East Bay second team selections for boys lacrosse.

All-DFAL

First Team

Cameron Bosshart (goalie), senior
Jack DeVeny (defense), senior
Vinny Gladden (1sm), junior
Adrian Jeffries (attack), junior
Brian Maiken (defense),sophomore
Jack Mariani (midfield), senior
Peter Mitchell (midfield), senior
Marshall Morse (defense), senior
Robbie Stern (attack), senior

Second Team

Nathan Brickman (attack), soph.
Sam deRoque (midfield), junior

Honorable Mention

Tyler Henderson (midfield),soph.
Chris Lane (midfield), junior

NCS Scholar Team honors: Junior Varsity team with an overall GPA of 3.01.

NCS Scholar Athletes

Varsity

Sam deRoque

Junior varsity

Josh Baginski
Michael Bone
Glen Johnston
Colin Smith

Frosh-soph

Sean Ortlieb
Stefan Ramsey

The Girls Lacrosse team was the DFAL Champion with a 12-0 record, and 16-6 overall record. They were the NCS Champions defeating Sir Francis Drake HS 21-2 in the quarterfinals, University HS of San Francisco 20-4 in the semifinals and Piedmont HS 21-9 in the championship game. This is their second consecutive NCS Championship and third in the past four years.

Chloe Landry was named as an All-American for girls lacrosse.

Chloe Landry, senior, was named as a Bay Area News Group All East Bay first team selection for girls lacrosse.

Kate Fellner, senior was named as a Bay Area News Group All East Bay second team selection for girls lacrosse.

All-DFAL

Chloe Landry, senior midfield, was named Most Valuable Player of the DFAL for the second consecutive year.

First Team

Blake Balfrey (defense), junior
Kate Fellner (midfield), senior
Sophie Ross (attack), sophomore

Second Team

Alyssa Mueller (defense), junior
Caith Wright (midfield), junior

Honorable Mention

Sam Repstad (goalie),sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.26.

Junior varsity team with an overall GPA of 3.28.

NCS Scholar Athletes

Varsity

Brooke Alsterlind
Lauren Chase
Jess Hennies
Ellie Higgins
Camila Mendez
Alyssa Mueller
Caroline Newman
Sophie Ross

Junior varsity

Anna deRoque
Jacque Diede
Sabrina Elliott
Madison Guzaitis
Lily Hooker
Julia Mueller
Katie Welch
Marie Whitmore

The Varsity Softball team finished tied for 4th in the DFAL with a record of 6-6, and an overall record of 9-10. They were defeated by San Marin HS in the NCS playoffs.

All DFAL

First team

Alex Grant-Hudd (pitcher), soph.

Second team

Kaitlyn Johnson(1st base), soph.

Katie Palma (infield), senior

Honorable Mention

Maddy Maderious(infield),senior

Ariel Padua (outfield), senior

Terri Taylor (catcher), junior

The Varsity team was an NCS Scholastic Championship team with the third highest overall GPA in division 3.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.35.

NCS Scholar Athletes

Varsity

Bella Baglietto

Caitlyn Cobb

Kaitlyn Johnson

Maddy Maderious

Terri Taylor

Alyssa Wixsom

Junior varsity

Marina Carr

Morgan Shepherd

Melanie Tymn

The Boys and Girls Swim teams placed 4th in the DFAL.

The swim teams placed 14th overall at the NCS Championships. The girls team placed 10th and the boys placed 16th.

Brittany Usinger won the 100 butterfly and placed 2nd in the 200 freestyle.

Henry Baer placed 12th in the 50 freestyle and 13th in the 100 freestyle.

Austin Wentzel placed 11th in the 500 freestyle.

Miranda Gold placed 6th in diving.

Lucy Fellner, Reilly Fellner, Brittany Usinger and Natalie Morlock placed 8th in the 200 freestyle relay.

Henry Baer, Weston Carpenter, Brad Robison and Nick Inserra placed 9th in the 200 freestyle relay.

Henry Baer, Austin Wentzel, Weston Carpenter and Brad Robison placed 9th in the 400 freestyle relay.

Brittany Usinger, Natalie Morlock, Lucy Fellner and Reilly Fellner placed 11th in the 400 freestyle relay.

Brittany Usinger, junior, was named as a Bay Area News Group All East Bay first team selection for swimming.

All DFAL

First team

Brittany Usinger, junior

Austin Wentzel, senior

Second team

Henry Baer, senior

Weston Carpenter, junior

Lucy Fellner, sophomore

Reilly Fellner, senior

Miranda Gold (dive), junior

Nick Inserra, senior

Natalie Morlock, sophomore

Jack Peterson, senior

Honorable mention

Jack Avery, junior

Brad Robison, freshman

NCS Scholar Team honors:

Varsity boys team with an overall GPA of 3.46.

Varsity girls team with an overall GPA of 3.36.

Junior Varsity boys team with an overall GPA of 3.16.

Junior Varsity girls team with an overall GPA of 3.53.

NCS Scholar Athletes

Boys Swimming

Varsity

Jack Avery
Henry Baer
Casey Conrad
Alexander Fastner
Ryan Hennessy
Kai Mills
Jack Peterson
Sam Ridge
Brad Robison

Junior Varsity

Owen Chan
Nico Hillman
Riley Smith

Girls Swimming

Varsity

Juliana Biro
Lucy Fellner
Chase Lanier
Roni Marrone
Natalie Morlock
Maddie Stewart
Mia Stripling
Anna Varellas
Clare Varellas
Kylie Van De Wyngaerde

Junior Varsity

Grace Baer
Emma Broback
Audrey Cavotta
Kaitlin Clever
Olivia Daniels
Katia Elias
Alexandra Figueredo
Quinn Harrington
Olivia Marrone
Tessa Marsden
Hope Noonan-Stoner
Caroline Passalacqua
Madison Sereno
Adrielle Thorenfeldt
Annika Walker
Rachel Wan
Lexi Williams
Riley Winqvist
Katrina Woodard

The Boys Track & Field team was the DFAL Champions with a 6-0 record and the girls finished 4th with a 3-3 record.

The Boys Track & Field team finished 5th at the NCS Tri-Valley Championships and the following won or placed in the meet.

Matt Thomas won the shotput and placed 2nd in the discus.

Windy Margerum placed 6th in the long jump and 7th in the 110 hurdles.

Alex Hennies placed 3rd in the 400.

Nick Comly placed 4th in the 400.

Imani Boggan placed 5th in the 400.

Michael Wang placed 4th in the 1600.

Taiki Chiba placed 8th in the 110 and 300 hurdles.

Calvin Saribay placed 5th in the triple jump.

Andrew Bertics placed 8th in the polo vault.

Alex Hennies, Dan Cardiff, Sid Vitale and Nick Comly placed 4th in the 4x400.

Taiki Chiba, Alex Hennies, Nick Comly and Dan Cardiff placed 6th in the 4x100.

The Boys Track & Field team finished 4th at the NCS Meet of Champions and the following won or placed in the meet.

Matt Thomas won the shot put and discus to advance to the CIF State Championships.

Michael Wang placed 3rd in the 1600 to advance to the CIF State Championships.

Imani Boggan placed 3rd in the 400 to advance to the CIF State Championships.

Alex Hennies placed 4th in the 400.

Windy Margerum placed 8th in the 100 hurdles and long jump.

Alex Hennies, Dan Cardiff, Sid Vitale and Nick Comly placed 4th in the 4x400.

At the CIF State Championships, Matt Thomas placed 10th in the discus.

Matt Thomas, senior, was named as a Bay Area News Group All East Bay boys track & field first team selection.

All DFAL

First team

Dan Cardiff (800,4x100,4x400),sr.

Alex Hennies (200,400), senior

Alex Hennies (4x100, 4x400), sr.

Calvin Saribay(long, triple jump),jr.

Matt Thomas (discus, shot), senior

Michael Wang (1600), senior

Second team

Andrew Bertics (pole vault),senior

Imani Boggan (400, 4x400), frosh

Taiki Chiba (110,300 hurdles,4x400), senior

Nick Comly (400,4x100,4x400), junior

CameronGaskell(3200),sophomore

Casey Lee, (100, 4x400), senior

Windy Margerum(100, long & triple jump), freshman

Sid Vitale (4x400), senior

Honorable mention

Callie Ericksen(4x400),freshman

Maya Michon(4x400),sophomore

NCS Scholar Team honors:

Boys varsity team with an overall GPA of 3.04.

Girls varsity team with an overall GPA of 3.43.

Boys junior varsity team with an overall GPA of 3.06.

Girls junior varsity team with an overall GPA of 3.08.

NCS Scholar Athletes

Boys Varsity Track & Field

Andrew Bertics
Ryan Cheng
Taiki Chiba
Nick Comly
Daniel Eckstein
Jared Ericksen
Alex Hennies
Alex Kelly
Alex Shimotake
Preston Tso
Michael Wang

Boys Frosh-Soph Track&Field

Aiden Beard
Josh Douglas
Ben Hakimjavadi
Andy Hyatt
John Liem
Seth McWhirter
Evan Mickas
Sean Mize
Ben Nash
Ryan Summerlin

Girls Varsity Track & Field

Sophia Basaldua
Elise Berg
Stephanie Brannon
Jessica Carlin
Megan Connor
Monica Dwight
Callie Ericksen
Maddie Grassini
Devin Grobeck
Shelby Johnston
Siena Kuan
Rachel Larsen
Adrienne Lee
Casey Lee
Brooke Lennox
Julia Machol
Morgan Rogers
Sammy Taketa

Girls Frosh-Soph Track&Field

Emma Champion
Kathryn Choi
Quinn Harrington
Nicole Jackson
Gabriella Joseph
Hannah Kramer
Janina Larsen
Olivia Lindgren
Alexia Lucey
Lucy Nguyen
Yasmin Shamloo

The Boys Volleyball team finished and finished 5th in the DFAL with a 1-9 record and 1-13 overall record.

All DFAL

First team

Second team

Honorable mention

Tommy Graham, sophomore

Seth Strumwasser, senior

The Varsity team was an NCS Scholastic Championship team with the second highest overall GPA in division 2.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.42.

NCS Scholar Athletes

Varsity

Clark Fromer

Tommy Graham

Tom Hrebec

Connor McCarthy

Justin Metzger

Joey Moran

Seth Strumwasser

Zane Wilson

Senior Awards

Robbie Stern won the Norma & Harry Radcliffe Award for the unsung hero of the athletic department. Will Brueckner, and Elizabeth Schultz won the Most Outstanding Athlete Award for excellence in a single sport.

Dan Cardiff and Reilly Fellner won the Most Valuable Athlete Award for excellence in several sports. Brian Lilienstein, Alec Weber, Reilly Fellner and Chase Lanier won the Booster Club Athlete of the Year Award for athletic and academic participation over four years.

Overall Update.

156/355 Scholar athletes in the Fall.

19/19 Scholar teams in the Fall.

101/236 Scholar athletes in the Winter.

15/15 Scholar teams in the Winter.

187/487 Scholar athletes in the Spring.

19/22 Scholar teams in the Spring.

444/1078 Scholar athletes in the year.

53/56 Scholar teams in the year.

95% of our teams received scholar team honors.

42% of our student-athletes received scholar-athlete honors.

827 students participate in at least one sport, which is 62% of our student body.

214 students are two-sport athletes, 18 students are three-sport athletes. 1 student is a four-sport athlete.

1060 total student participants.

All DFAL selections. These are voted upon by the head coaches in the league.

NCS Scholar Athlete. GPA must be 3.5 or higher. Determined by the non-weighted grade point average for the marking period.

NCS Scholar Team honors. Average GPA must be 3.0 or higher. Determined by the teams average non-weighted grade point average for the marking period.