

*Acalanes High
School*

Athletic Department

2010-2011 Summary

Fall sports athletic update.

The Cross Country team had an outstanding season. The girls and boys posting 5-1 DFAL records to finish 2nd in the league. The girls continued success resulted in a 2nd place finish at the NCS Championships led by Amy Hollshwandner finishing 4th, Annie Marggraff 8th, Kelli Berge 12th, Tara Bozzini 13th, Kelly Collins 29th, Katie Berge 32nd, and Nicolette Sorensen 35th. The boys placed 5th at the NCS Championships led by Tyler Troxel finishing in 6th place, Adler Faulkner in 7th place, Yama Nowrouz 49th, Tyler Sorensen 50th, and Keenan Byrne 51st. The girls team qualified for the CIF state championships where they finished 7th in division III led by Annie Marggraff finishing 12th, Amy Hollshwandner 22nd, and Kelli Berge 48th.

All DFAL

First team

Amy Hollshwandner, sophomore
Annie Marggraff, sophomore
Tyler Troxel, junior

Second Team

Kelli Berge, sophomore
Kelly Collins, sophomore
Nicolette Sorensen, sophomore

NCS Scholar Team honors:

Varsity boy's team with an overall GPA of 3.29.
Varsity girl's team with an overall GPA of 3.61.
Junior varsity boy's team with an overall GPA of 3.40.
Junior varsity girl's team with an overall GPA of 3.43.
Frosh-soph boy's team with an overall GPA of 3.41.
Frosh-soph girl's team with an overall GPA of 3.46.

NCS Scholar Athletes

Varsity

Vikas Agartha
Kelli Berge
Scott Bertics
Tara Bozzini
Kelly Collins
Adler Faulkner
Amy Hollshwandner
Annie Marggraff
Yama Nowrouz
Nicolette Sorensen
Tyler Sorensen

Junior varsity

Jack Caine
Luke Johnston
Gianna Marciarille
Katie Salmon
Kyle Trujillo
Gabrielle Zoger

Frosh-Soph

Lizzie Arnett
Ryen Bani-Hashemi
Ali Bergmann
Jonah Bodden
Stephanie Brannon
Taiki Chiba
Grant Gerber
Daniel Gomez
Samuel Griebstein
Elliott Grossman
Curtis Haist
Griffin Haz
Alex Hennies
Jennifer Jo
Shelby Johnston
Scott Lindsay
Patrick Lundgren
Dana Mason
Adrienne Ninh
Juan Pestana

Kyra Ruegg
Daylon Srinivasan
Brad Wash
Alex Weber
Katherine Wikler
Caroline Wilcox
Nicolette Zukowski

The Football team finished 5-6 overall, and 2-4 in the DFAL to finish tied for 5th in the league. They were defeated by San Rafael HS in the first round of the NCS playoffs.

Trent Baker, senior, was named as a Bay Area News Group All East Bay third team selection for football.

All DFAL

First team

Trent Baker (WR), senior
Trent Baker (DB), senior
Drew Gaylord (LB), junior

Second team

Michael Brady (DL), junior
Aaron Edwards (RB), sophomore
Spencer Henderson (LB), junior
Michael Leamy (P), senior

Honorable mention

Harrison Bagdan (OT), senior
Carson Gardner (DB), junior
Lucas Levine (LB), senior
Matt Rogstad (C), senior

The Varsity team was an NCS Scholastic Championship team with the highest overall GPA in division 3.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.19.

NCS Scholar Athletes

Varsity

Harrison Bagdan
Trent Baker
Scott Clendening
Carson Gardner
Drew Gaylord
Spencer Henderson
Lucas Levine
Declan McNiece
Paul Nork
Tom Nork
Philip Rowley

Junior varsity

Craig Anderson
Peter Mitchell
Talal Nabulsi
Brendan O'Donnell
Casey Sclar
Tyler Supple
Ryan Wieber

Freshman

Tal Ben-Ari
Cameron Bosshart
John Fraser
Grant Henderson
Taylor Johnston
Ross Kim
Kyle Kinnear
Zach Kisner
Tommy Kresnak
Brian Lilienstein
Nick Olson
Andrew Rule
Cole Salquist
Nick Sciacqua
Austin Scipi
Anthony Seiler
Robbie Stern
Ross Teichman
Connor Wagener
Michael Wang
Colin Watson
Thomas Yates

The Girls Golf team finished with an overall and DFAL record of 4-8. Elizabeth Schultz shot an 82 to place 3rd overall at the NCS Southern Qualifier to advance to the NCS Championships, where she shot an 81 to place 18th overall.

All DFAL

First team

Elizabeth Schultz, freshman

Second Team

Adrienne Lee, freshman

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.40.

Junior varsity team with an overall GPA of 3.21.

NCS Scholar Athletes

Varsity

Sarah Gidre

Devon Frazer

Megan Kaye

Adrienne Lee

Olivia Murphy

Sarah Pardo

Maya Patrose

Junior varsity

Anna Peare

The Girl's Tennis team had an overall record of 5-8, and finished fourth in the DFAL with a record of 5-7.

Nikki Lee and Emily Lindsay (seniors) were All-DFAL first team doubles selections.

Erin Grant and Wendy Yang (seniors) were All-DFAL honorable mention doubles selections.

Valery Jorgensen (senior) and Tessa Karagocev (freshman) were All-DFAL second team singles selections.

Elizabeth Landry (senior) was an All-DFAL honorable mention singles selection.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.38.

Junior varsity team with an overall GPA of 3.39.

NCS Scholar Athletes

Varsity

Nicole Boltz

Nikki Lee

Emily Lindsay

Wendy Yang

Junior varsity

Sasha Aneja

Zoe Bauer

Alice Bishop

Kiana Chan

Julia Elliott

Bella Gotts

Liza Horn

Linda Keomanee

Teresa Lo

Reena Patrose

Elena Pereira

The Girls Volleyball team had an overall record of 16-16, and a DFAL record of 7-5 to finish tied for 3rd in the league. They qualified for the NCS playoffs, and defeated Petaluma HS in the first round, before losing to Sir Francis Drake HS in the quarterfinals.

All DFAL

First Team

Kendall Baker, junior
Tyanna Roy, junior

Second Team

Brooke Aiello, sophomore
Natalie Chan, senior

Honorable Mention

Gabby Gaubert, senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.36.

Junior varsity team with an overall GPA of 3.35.

Freshman team with an overall GPA of 3.52.

NCS Scholar Athletes

Varsity

Brooke Aiello
Ariana Album
Lisa Carrington
Alex Ligouri
Tyanna Roy
Lila Schoenfield

Junior varsity

Ainsley Blandford
Rachel Cox
Natalie Goepel
Blair Howard
Abby Mueller
Sarah Rogers

Freshman

Monica Dwight
Carly Fernandes
Lauren Figone
Melia Green
Lan Anh Ho
Emily Mesetz
Katie Nall
Kalene Sanders
Maddy Sauer

The Boys Water Polo team finished with an 21-7 overall record, and 5-0 in the DFAL to finish as the league champion. In the NCS playoffs, they defeated Berkeley HS 20-6, Irvington HS 20-5 in the quarterfinals, De La Salle HS 4-1 in the semifinals, Miramonte HS 9-8 in the championship game to finish the year as the North Coast Section Champions.

All Bay Area News Group

Clarke Tamariki was named the Bay Area News Group East Bay Boys Water Polo Coach of the Year.

First team

Robert Clemons (G), senior
Joe Dietrich, senior

Second team

Jake Kisner, senior

Third team

Tanner Cullen, junior

All NCS

Joe Dietrich, senior, was named as the NCS Most Valuable Player.

First team

Robert Clemons (G), senior
Jake Kisner, senior

Second team

Tanner Cullen, junior
Andrew Schnugg, junior

Third team

Michael Worthing, senior

All DFAL

Joe Dietrich, senior, was named as the DFAL Most Valuable Player.

First team

Robert Clemons (G), senior
Tanner Cullen, junior
Jake Kisner, senior
Andrew Schnugg, junior

Second team

Connor Reid, sophomore
Michael Worthing, senior

Honorable mention

Tommy Bush, freshman
Connor Mattox, junior
Nathaniel Whitmore, junior

NCS Scholar Team honors:

Junior varsity team with an overall GPA of 3.04.

NCS Scholar Athletes

Varsity

Tommy Bush
Connor MacKinnon
Connor Reid
Nathaniel Whitmore

Junior Varsity

Adam Chan
Nick Soulos

The Girls Water Polo team finished with an improved 17-10 overall record, and 3-2 DFAL record to finish 3rd in the league. They defeated Piedmont HS 16-3, Miramonte HS 8-6 OT in the quarterfinals, Las Lomas HS 6-2 in the semifinals, before falling to Campolindo HS 8-5 in the championship game.

Barbara Lanier, junior, was named a Bay Area News Group Girls Water Polo All East Bay second team selection.

Casey Reid, senior, was named a Bay Area News Group Girls Water Polo All East Bay third team selection.

All DFAL

First team

Barbara Lanier, junior
Casey Reid, senior

Second team

Adrienne Burgin, senior
Megan Dietrich, sophomore
Molly Quinn, junior

Honorable Mention

Lizzie Newman, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.29.
Junior varsity team with an overall GPA of 3.24.
Frosh-soph team with an overall GPA of 3.07

NCS Scholar Athletes

Varsity

Kate Avery
Adrienne Burgin
Barbara Lanier
Katie Ramm
Casey Reid
Sami Sciacqua
Cori Vanhoven

Junior Varsity

Kathryn Hill
Chase Lanier
Morgan McQuain
Maddy Myall
Nora Vance

Frosh-Soph

Reilly Fellner
Grace Francis
Chloe Landry
Kyra Vanhoven

Winter Sports Update

The Boys Basketball team was 3rd in the DFAL with a record of 14-13 overall, and 7-5 in the league. In the NCS playoffs they were defeated by Campolindo HS in the first round.

All DFAL

First Team

Steven Collins, senior

Second Team

James Griffin, junior

Honorable Mention

Michael Jackson, senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.17.

Junior Varsity team with an overall GPA of 3.21

Freshman team with an overall GPA of 3.46.

The Varsity team had the third highest team GPA in division 3 in the North Coast Section.

NCS Scholar Athletes

Varsity

Brian Jordan

Cho-Chien Lin

Trevor Masland

Ben Weintraub

Stephen Wemple

Brandon Zegarowski

Junior Varsity

Craig Anderson

Brendan Kirbach

Brendan O'Donnell

Casey Sclar

Tyler Supple

Freshman

Andrew Bosshart

Cameron Bosshart

Will Brueckner

Kyle Kinnear

Zack Kisner

Ross Teichman

Alec Weber

The Girls Basketball team was 4th in the DFAL with a record of 19-10 overall, and 6-6 in the DFAL. In the NCS playoffs, they defeated Drake HS, and Moreau HS, before being defeated by Bishop O'Dowd HS in the semifinals. They were defeated by Vanden HS in the first round of the CIF NorCal playoffs.

All DFAL

First Team

Second Team

Kiara Harewood , senior

Emani Harrison , senior

Honorable Mention

Sophie Taylor, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.23.

Junior varsity team with an overall GPA of 3.14.

Freshman team with an overall GPA of 3.09.

NCS Scholar Athletes

Varsity

Sam Anderson

Samantha Cheng

Kathryn Hill

Meghan Hill

Molly Martin

Junior varsity

Tara Bozzini

Reilly Fellner

Maddie Maderious

Maddy Sauer

Elena Fromer

Liza Horn

Ruth Shaffer

The Boys Soccer team finished with a 18-3-6 overall record and finished tied for the DFAL Championship with an 8-1-3 record. They were the NCS Runner-up, as they defeated Kennedy HS of Richmond, Pinole Valley HS, and Dublin HS before falling to Campolindo HS in the Championship game.

Dylan Autran (midfield), and Jacob Carroll (defender), juniors, were named as second team Bay Area News Group All East Bay selections for boy's soccer.

All DFAL

Jacob Carroll and Jackson Foote, juniors, were named Defensive Most Valuable Players of the DFAL.

First team

Dylan Autran, junior
Cam Carda, senior
Nick Pereira, senior

Second team

Dan Glascock, sophomore
Austen Grassini, junior
Dave Helfrich, senior

Honorable mention

Adrian Chow-Danel, senior
Stephen Glascock, senior
Max Omick, senior

NCS Scholar Team honors

Varsity team with an overall GPA of 3.06.
Junior Varsity team with an overall GPA of 3.20.
Frosh-soph team with an overall GPA of 3.26.

NCS Scholar Athletes

Varsity

Bryan Berlier
Dan Glascock
Austen Grassini
Max Omick

Junior varsity

Ben Croze
Brad Green
Malaak Hamzeh
Patrick Lungdren
Tristan Tarpey
Luc VanOss
Nic Warren

Frosh-Soph

Henry Baglietto
Andrew Bertics
Taiki Chiba
Jared Gragg
Ross Kim
Ben Miller
Juan Pestana
William Wilson

The Girls Soccer team had an overall record of 8-9-5 and a DFAL record of 3-5-4. They were defeated by Miramonte HS in the first round of the NCS playoffs.

Anja Simonsen, junior, Offensive Most Valuable Player of the DFAL.

All DFAL

First team

Schuyler Blee, senior

Second team

Annie Beliveau, junior
Anja Simonsen, senior

Honorable mention

Erin Bishop, sophomore
Melissa Cameron, senior
Kaitlin McGee, sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.19.
Junior varsity team with an overall GPA of 3.11.
Frosh-soph team with an overall GPA of 3.17.

NCS Scholar Athletes

Varsity

Becca Bostwick
Amber Fearon
Kaitlyn McGee
Tia Seltzer

Junior varsity

Kelli Berge
Bridget Butterfield
Kate Fellner
Isabella Gotts
Morgan McQuain
Lauren Price

Frosh-soph

Sasha Aneja
Lizzie Arnett
Lucie Flynn
Carly Granet

The Wrestling team had a DFAL record of 1-5. Sam Lindgren placed 3rd in the DFAL to qualify for the NCS Championships.

All DFAL

First team

Second team

Honorable mention

Sam Lindgren (160), senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.45.
Junior varsity team with an overall GPA of 3.17.

NCS Scholar Athletes

Varsity

Daniel Escobar
Sam Lindgren
Blake Mason
Andrew Nakahara

Junior Varsity

Jack Connolly
Brian Lilienstein
Andrew Mesetz
Vicente Rodriguez
Andrew Rule
Nick Sciacqua
Chris Wikler

The Cheerleading squad continues to grow and performed to rave reviews.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.09.
 Junior varsity team with an overall GPA of 3.01.
 Freshman team with an overall GPA of 3.26.

NCS Scholar Athletes

Varsity

Katie Walter
Jessica Zischke

Junior Varsity

Allison Candell
Emma Whitmore

Freshman

Natalie Clendening
Claire Holmberg
Rachel Kastigar
Kween Ojeda
Alli Stanton

Spring Sports Update

The Baseball team was sixth in the DFAL with a record of 5-7, and overall record of 16-10. In the NCS playoffs, they defeated Kennedy HS of Fremont in the first round, Sir Francis Drake HS in the quarterfinals, Miramonte HS in the semifinals, before ending the championship game in a tie with San Marin HS to be NCS Co-Champions.

Spencer Henderson, junior, was named as a Bay Area News Group All East Bay second team selection for baseball.

All DFAL

First team

Grant Diede (utility), junior

Spencer Henderson (pitcher), junior

Second team

Evan Heptig (shortstop), senior

Connor Hornsby (2nd base), junior

Zac Schoenrock (outfield), senior

Gold glove

Tommy Beritzhoff (catch), senior

NCS Scholar Team honors:

Junior varsity team with an overall GPA of 3.19

Freshman team with an overall GPA of 3.25.

NCS Scholar Athletes

Varsity

Scott Ericksen

Drew Gaylord

Paul Nork

Tom Nork

Zac Schoenrock

Junior Varsity

Garrett Candau

Bill Falk

Jack Fink

AJ Franklin

Grant Henderson

Brendan Kirbach

Jake O'Malley

Tyler Supple

Freshman

Zach Kisner

Tom Kresnak

Brian Lilienstein

Drew Rule

Kevin Salquist

Alec Weber

The Boys Golf team was co-champions of the DFAL with a record of 11-1, and finished in 2nd place at the DFAL Championships. They had an overall record of 17-1. They placed 6th at the NCS Southern Qualifier to qualify for the NCS Championship. Will Brueckner shot a 73 tying for 1st place overall. Will Brueckner had the low score shooting a 72 at the NCS Championships, and shot a 76 the CIF NorCal Championships to finish tied for 34th place in Northern California.

Will Brueckner, freshman, was named as a Bay Area News Group All East Bay first team selection for boys golf.

All-DFAL

Will Brueckner was named the Most Valuable Player of the DFAL.

First Team

Parker Ramsey, senior

Second Team

Chris Childers, sophomore

Harrison Kim, senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.08.

Junior Varsity team with an overall GPA of 3.00.

NCS Scholar Athletes

Varsity

Will Brueckner

Chris Childers

Connor Goodheart

Junior Varsity

Jiawei Cui

Grant Gerber

Adam Jakubowitz

Chris Lin

Tanner Roberts

Ross Teichman

The Boys Lacrosse team was the DFAL Champion with an 11-1 record, and finished with a 18-4 overall record. They defeated Cardinal Newman HS in the quarterfinals, and Marin Academy HS in the semifinals of the NCS playoffs, before being defeated by Marin Catholic HS in the championship game to be the NCS Championship Runner-up.

All-DFAL

Harrison Bagdan, senior, was named DFAL Co-Most Valuable Player

First Team

Harrison Bagdan (goal), senior
Roger Fleischmann (midfield), sr.
Chris Lee (attack), junior
Ryan Mitchell (defense), senior

Second Team

Trevor Felt (FOGO), senior
Peter Mitchell (midfield), freshman
Nate Vance (defense), senior

Honorable Mention

Mike Leamy (defense), senior
Robbie Stern (attack), freshman

NCS Scholar Athletes

Varsity

Bryan Berlier
Roger Fleischmann
Lucas Levine
Scott Lindsay
Jack Mariani
Peter Mitchell
Chris O'Keefe
Matt Quinn
Robbie Stern

Junior varsity

Cameron Bosshart
John Fraser
Ian Johnston
Matthew Reilly
Nick Warren

The Girls Lacrosse team was the DFAL Champions with a 12-0 record, and 18-4 overall record. They defeated University HS in the quarterfinals, and Miramonte HS in the semifinals of the NCS playoffs, before defeating Marin Catholic HS in the championship game to be the NCS Champions.

Devon Frazer and Elizabeth Landry, seniors, were named as a Bay Area News Group All East Bay first team selection for girls lacrosse.

Devon Frazer was named as a US Lacrosse All-American first team selection.

Devon Frazer, Ariana Johnson, Elizabeth Landry, Courtney Neff, and Casey Reid were named as US Lacrosse Academic All-Americans.

All-DFAL

Elizabeth Landry, senior, was named DFAL Most Valuable Player.

First Team

Taylor Ewing (midfield), senior

Devon Frazer (midfield), senior

Courtney Neff (midfield), junior

Casey Reid (defense,midfield), senior

Second Team

Annie Beliveau (defense), junior

Niki Quinn (midfield), sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.24.

Junior varsity team with an overall GPA of 3.24.

NCS Scholar Athletes

Varsity

Kate Fellner

Rebecca Frank

Devon Frazer

Ariana Johnson

Chloe Landry

Courtney Neff

Junior varsity

Courtney Collins

Elena Fromer

Isabella Gotts

McKenna Koepke

Maya Marshall

Morgan McQuain

Gabi Palffy

Ruth Shaffer

Alex Taylor

Renita Thapa

The Varsity Softball team finished with an 11-13 overall record, and 4th in the DFAL with a record of 6-6.

All DFAL

First team

Taylor Gray (shortstop), senior

Second team

Mia Monopoli(catcher),sophomore

Honorable Mention

Natalie Goepel (pitcher), soph
Maddie Maderious (of),freshman
Alexie Shurtz,(3rd base),freshman

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.12.

Junior varsity team with an overall GPA of 3.16.

NCS Scholar Athletes

Varsity

Monica Dwight
Julia Fellows
Natalie Goepel
Taylor Gray
Grace Lovell
Maddie Maderious

Junior varsity

Annalise Baer
Katrine Padilla
Emily Svensson
Alyssa Wixsom
Sadef Zarechian

The Boys Swim team placed 3rd in the DFAL, and the Girls team placed 4th.
 The Boys Swim team placed 5th in the NCS Championships, and the girls placed 12th.
 Piankhi Gibson won the 50 freestyle, and 100 butterfly.
 Brett Usinger placed 5th in the 100 breaststroke, and 200 intermediate medley relay
 Natalie Chan placed 5th in the 50 freestyle.
 David Palley placed 8th in the 100 backstroke.
 Katie Records placed 4th in the 100 breaststroke.
 Piankhi Gibson, Brett Usinger, Ryan Connolly, and Zech Newman placed 6th in the 400 freestyle relay.
 Molly Quinn, Natalie Chan, Emily Giambastini, and Katie Records placed 7th in the 400 freestyle relay.
 David Palley, Brett Usinger, Piankhi Gibson, and Zech Newman placed 2nd in the 200 medley relay.
 Nora Vance, Katie Records, Emily Giambastini, and Natalie Chan placed 7th in the 200 medley relay.
 Asher Lichtig placed 2nd in diving.

Piankhi Gibson, junior, was named as a Bay Area News Group All East Bay first team selection for boys swimming.

All DFAL

<u>First team</u>	<u>Second team</u>	<u>Honorable mention</u>
Piankhi Gibson, senior	Natalie Chan, senior	Natalie Chan(200 med rel), junior
Asher Lichtig (diving), junior	Tanner Cullen, junior	Joe Dietrich (200 free), junior
	Emily Giambastini, sophomore	Kathryn Hill (200 mr), freshman
	Zech Newman, freshman	Jake Kisner (200 free), junior
	David Palley (200 medley), junior	Katie Records (200 mr), junior
	Katie Records, senior	Brett Usinger (200 im), freshman
	Brett Usinger, sophomore	Nora Vance (200 mr), freshman
	Nora Vance, sophomore	

NCS Scholar Team honors:	Varsity boys team with an overall GPA of 3.08.
	Varsity girls team with an overall GPA of 3.41.
	Junior Varsity boys team with an overall GPA of 3.02.
	Junior Varsity girls team with an overall GPA of 3.24.
	Varsity diving team with an overall GPA of 3.00.
	Junior varsity diving team with an overall GPA of 3.75.

NCS Scholar Athletes

Boys Swimming

<u>Varsity</u>	<u>Junior Varsity</u>	<u>Diving</u>
Zavier Guiland	Henry Baer	Asher Lichtig
Luke Inserra	Zander Biro	Simone Raeth
Aaron Miller	Truman Ching	Kate Seperack
David Palley	Matt Doughty	
Connor Reid	Brendan Foster	
	Tony Huang	
	Jack Peterson	
	Nathaniel Whitmore	

Girls Swimming

Varsity

Megan Dietrich
Kate Fellner
Kelsey Figone
Emily Giambastini
Megan Giambastini
Kathryn Hill
Meghan Hill
Barbara Lanier
Grace Linderholm
Maddie Myall
Anne Nelson
Lizzie Newman
Molly Quinn
Nora Vance
Clare Varellas
Sharon Yau

Junior Varsity

Kate Avery
Allison Candell
Lauren Figone
Grace Francis
Krystal Huey
Emma Maiden
Tessa Marsden
Dana Mason
Kate McGlothlen
Delaney McGuire
Rachel Sears
Alex Tankka

The Boys Tennis team finished 4th in the DFAL with a 6-6 record, and 6-8 overall record.

Dan Cardiff, freshman, was first team All-DFAL singles selection.

Asher Lichtig, junior, was second team All-DFAL singles selection.

Karim Masarweh and Alex Schperberg, seniors were honorable mention All-DFAL singles selections.

Greg Hanson and Alex Mogensen, seniors, were second team All-DFAL doubles selections.

Cho Lin and Chris Wool, seniors, were honorable mention All-DFAL doubles selections.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.11.

Junior Varsity team with an overall GPA of 3.73.

NCS Scholar Athletes

Varsity

Dan Cardiff
AJ Gosling
Asher Lichtig
Matt Lim
Talal Nabulsi
Ian Richard
Alex Schperberg

Junior Varsity

Elliot Grossman
Curtis Haist
Jake Kallen
Aaron Pressman
Stefan Torralba
Connor Wagener
Larry Wang

The Girls Track & Field team was co-champions in the DFAL with a 6-0 record, placed 11th at the NCS Tri-Valley Championships, and placed 4th at the NCS Meet of Champions. The boys placed 4th in the DFAL with a record of 3-3.

The following won or placed at the NCS Tri-Valley Championships to qualify for the NCS Meet of Champions.

Katie Barton placed 2nd in the 300 hurdles, and 4th in the 100 hurdles.

Katie Berge placed 2nd in the 800.

Adler Faulkner placed 7th in the 800.

Annie Marggraff placed 6th in the 3200.

Katie Barton, Amy Hollshwandner, Katie Salmon, and Anja Simonsen placed 5th in the 4x100 relay.

Katie Barton, Katie Berge, Tara Bozzini, and Amy Hollshwandner, placed 6th in the 4x400 relay.

The following won or placed at the NCS Meet of Champions to qualify for the CIF State Championships.

Katie Barton placed 3rd in the 300 hurdles.

All DFAL

First team

Michael Walton(200,400,4x100),jr

Second team

Katie Barton(100H,300H,TJ),sr

Katie Berge (1600,4x400), senior

Tara Bozzini(800,4x400),freshman

Joe Dreyer (100,4x100,pv), junior

Jordan Hinds (4x400), freshman

Amy Hollshwandne r(4x100,4x400,long jump), sophomore

Katie Salmon (4x100), senior

Anja Simonsen (4x100), senior

Matt Thomas (discus,shot), freshman

Brianna Wilkinson (discus), sophomore

Honorable mention

Nathaniel Chung (4x100), senior

Adler Faulkner (800), sophomore

Nick Karp (4x100), senior

NCS Scholar Team honors:

Girls varsity team with an overall GPA of 3.51.

Boys junior varsity team with an overall GPA of 3.206.

Girls junior varsity team with an overall GPA of 3.38.

The Girls Varsity team had the second highest team GPA in division 3 in the North Coast Section Tri-Valley.

NCS Scholar Athletes

Boys Varsity Track & Field

Joel Benner
Scott Bertics
Jack Caine
Nathaniel Chung
Adler Faulkner
Luke Johnston
Aidan King
George Liow
Vaibhev Loomba
Blake Mason
Kyle Trujillo
Michael Yang

Boys Junior Varsity Track&Field

Ryan Bani-Hashemi
Andrew Bertics
Jared Brinton
Adam Byberg
Keenan Byrne
Taiki Chiba
Matthew Chung
Ben Croze
Erich Ellsworth
Samuel Griebstein
Griffin Haz
Alex Hennies

Casey Lee
Chris Lyman
Ben Miller
Adrian Ninh
Mike Sanders
Robbie Stosick
Tristan Tarpey
Michael Wang
Brad Wash

Girls Varsity Track & Field

Katie Barton
Kelli Berge
Becca Bostwick
Lisa Carrington
Angela Falk
Amber Fearon
Maxine Forbes
Danielle Grobeck
Amy Hollshwandner
Annie Marggraff
Haley McKay
Elise Peterson-Trujillo
Katie Salmon
Nicole Shimotake
Caroline Wilcox
Brianna Wilkinson

Girls Junior Varsity Track&Field

Lizzie Arnett
Adena Bauer
Zoe Bauer
Tara Bozzini
Stephanie Brannon
Bridget Butterfield
Shelby Johnston
Dana Mason
Brenda Mittelbuscher
Vera Portnova
Julie Vaccaro
Phoebe Wixsom

The Boys Volleyball team finished with a 14-10 overall record and finished 2nd in the DFAL with a 5-3 record. They defeated Dougherty Valley HS in the NCS quarterfinals before being defeated by Campolindo HS in the semifinals.

Cole Markley, senior, was named as a Bay Area News Group All East Bay third team selection for boys volleyball.

All DFAL

First team

Daniel Inouye, sophomore
Cole Markley, senior

Second team

Evantre Amos, senior
Dan Kennedy, junior

Honorable mention

Josh Bulos, junior

NCS Scholar Athletes

Varsity

Josh Bulos
Evan Groover
Nathan Ramos

The following were selected to the Bay Area News Group Top 115 Athletes of the East Bay.
Will Brueckner, Boys golf.
Joe Dietrich, Boys water polo and Swimming.
Piankhi Gibson, Swimming.

Senior Awards

Casey Reid won the Harry Radcliffe Award for the unsung hero of the athletic department.
Trent Baker, and Katie Barton won the Most Outstanding Athlete Award for excellence in a single sport.
Joe Dietrich and Katie Berge won the Most Valuable Athlete Award for excellence in several sports.
Joe Dietrich and Elizabeth Landry won the Booster Club Athlete of the Year Award for athletic and academic participation over four years.

Overall Update.

149/396 Scholar athletes in the Fall.
18/21 Scholar teams in the Fall.
83/221 Scholar athletes in the Winter.
12/15 Scholar teams in the Winter.
191/512 Scholar athletes in the Spring.
19/24 Scholar teams in the Spring.
423/1129 Scholar athletes in the year.
49/60 Scholar teams in the year.

82% of our teams received scholar team honors.
37% of our student-athletes received scholar-athlete honors.
841 students participate in at least one sport, which is 61% of our student body.
217 students are two-sport athletes, 35 students are three-sport athletes.
1129 total student participants.

All DFAL selections. These are voted upon by the head coaches in the league.

NCS Scholar Athlete. GPA must be 3.5 or higher. Determined by the non-weighted grade point average for the marking period.

NCS Scholar Team honors. Average GPA must be 3.0 or higher. Determined by the teams average non-weighted grade point average for the marking period.