

Fall sports athletic update.

The Cross Country team had an outstanding season with the boys and girls placing 4<sup>th</sup> at the NCS Championships. The boys were led by Ryon Lawson and Nate Beach finishing tied for 8<sup>th</sup> place, and Michael Sutyak finishing in 14<sup>th</sup> place. The girls were led by Mo Huber winning the event, and Drusia Dickson finishing in 7<sup>th</sup> place. Both teams qualified for the CIF state championships. The boy's team was 5<sup>th</sup> in division III at the state meet led by Michael Sutyak (35<sup>th</sup>). Mo Huber finished in 6<sup>th</sup> place. The varsity girl's received NCS Scholastic Championship Team honors. Their 3.63 GPA was 3<sup>rd</sup> highest among division III schools in the section.

#### All DFAL

##### First team

Mo Huber, junior  
Michael Sutyak, senior

##### Second team

Drusia Dickson, senior

#### All Times

Mo Huber, a junior was an All Times selection for the second consecutive year.

NCS Scholar Team honors:

Varsity boy's team with an overall GPA of 3.22.  
Varsity girl's team with an overall GPA of 3.63.  
Non-varsity boy's team with an overall GPA of 3.19.  
Non-varsity girl's team with an overall GPA of 3.24

#### NCS Scholar Athletes

##### Varsity

Nate Beach  
Alissa Chastain  
Chris Chung  
Sara Clancy  
Dara Dickson  
Drusia Dickson  
Claire Geisse  
Andy Gianakos  
Maureen Huber  
Mariko Kellogg  
Rebecca Lorenzana  
Alex Love  
Kristen Marchus  
Kristie McGoldrick  
Connor Mooney  
Bill Neill  
Molly Schmid  
Joey Thomas  
Rachel Zestar-Postrk

##### Non-varsity

Cameron Attaran  
Miller Bauer  
Cody Blocker  
Emma Chastain  
Jusvinder Dhillon  
Juliana DiMiceli  
Bryan Dinerman  
Russell Eisenman  
Audrey Espey  
Michael Feyk  
Elicia Fox  
Hanako Hjersman  
David Horn  
Kyle Mathews  
Dan Naylor  
Bronwen O'Herin  
Nick Pegan  
Erica Presser  
Aaron Seong

Whitney Sherman  
Kirk Steuber  
Maxine Stinnett  
Drew St. Pierre  
Jake Wignall

The Football team finished 8-4 overall, and 2<sup>nd</sup> in the DFAL with a 7-2 league record qualifying for the NCS playoffs. They defeated St. Mary's HS 48-6 in the first round before losing to Bishop O'Dowd HS 28-7 in the semi-finals.

#### All DFAL

##### First team

Mike Spieler (P), senior

##### Second team

Mike Balestrieri (DE), junior  
Gavin Beeman (DB), junior  
Zane Blackman (RB), senior  
Chris Bohannon (LB), junior

##### Honorable mention

Cole Adcock (TE), junior  
Gavin Beeman (Util), junior  
Chris Bohannon (RB), junior  
Greg Corbett (QB), senior  
Nick Corr (OL), senior  
Jason Gee (OL), junior  
Dan Lopez (DL), junior  
Dan Masi (WR), junior  
Dan Masi (DB), junior  
Wyatt Zorn (OL), senior

#### NCS Scholar Athletes

##### Varsity

Mike Balestrieri  
Inder Dhillon  
Jason Gee  
David Granlund  
Dan Lorenzana  
Rory Mouat

##### Junior varsity

Scott Emery  
Scott Gaylord  
Don Kephart  
Kevin Reid  
Nate Shaw

##### Freshman

Randy Bozzini  
Will Grove  
Hunter Hewitt  
Ian Johnson  
Aaron Kwan  
Ben Poth  
Kery Rourke  
Vinnie Urdea  
Joe Wignall

The Girls Golf team finished second in the DFAL. They were led by Taylor Lee, who finished first at the DFAL Championships, fourth at the NCS Championships, and 12<sup>th</sup> at the CIF Northern California Championships.

All DFAL

First Team

Taylor Lee, junior

Morgan Perales, junior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.28.  
Non-varsity team with an overall GPA of 3.20.

NCS Scholar Athletes

Jessica Bruns

Taylor Lee

Lisa Okamoto

The Girl's Tennis team finished 6-12. They were led by singles player Stephanie Davenport, and doubles teams of Amanda Cherne and Alex Green, and Chloe Green and Amanda Holding, who won their first matches at the DFAL Championships.

Seniors Amanda Cherne and Alex Green were named honorable mention for doubles.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.39.  
Junior varsity team with an overall GPA of 3.35.

NCS Scholar Athletes

Varsity

Amanda Cherne

Stephanie Davenport

Alex Green

Chloe Green

Megan Grove

Laura Harper

Amanda Holding

Leslie Su

Junior varsity

Claire DeCrescenzo

Kelsey Lee

Ariel Neidermeier

Lisa Walker

Janette Wallen

Jessie Yarrow

The Girls Volleyball team had an overall record of 22-9, and a DFAL record of 14-4 to finish 3<sup>rd</sup> in the league. They qualified for the NCS playoffs, and made it to the quarterfinals by defeating falling to Bishop O'Dowd HS.

All DFAL

First Team

Carly Bouza, junior  
Alley Mitchell, junior

Second Team

Hayley Hall, senior

Honorable Mention

Alex Bouza, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.09.  
Junior varsity team with an overall GPA of 3.14.  
Freshman team with an overall GPA of 3.04.

NCS Scholar Athletes

Varsity

Allison Frazier  
Kate Lennon  
Alley Mitchell  
Amanda Sorensen

Junior varsity

Kaitlyn Bowles  
Natalie Nicolson  
Nicole Perales  
Pooja Yabannaver

Freshman

Kristine Lam  
Maria Pestana  
Carissa Solari  
Kelsey Wyatt-Mair

The Boys Water Polo team finished with an 11-14 overall record, and 4-2 DFAL record to place third. They advanced to the quarter finals of the NCS playoffs by defeating Marin Catholic HS 9-4 before losing a heart breaker to Miramonte HS 10-9.

All DFAL

First team

Steve Andron, junior  
Phil Jones, senior  
Jay Warner, senior

Second team

Paul Burgin, junior  
Nick Ferrif, sophomore

Honorable Mention

Patton Christofides, senior  
Thomas Dawson, senior

All East Bay & North Bay

Stephen Andron, junior, second team  
Jay Warner, senior, third team

NCS Scholar Athletes

Varsity

Phil Jones

Frosh-soph

Matt Boone  
Will Ewing  
Cam Kauzer  
Blair Ridings  
Joe Seroy  
Greg Walker

The Girls Water Polo team finished with a 15-11 overall record, and 4-2 DFAL record to place third. They advanced to the quarterfinals of the NCS playoffs by defeating Washington HS 11-2 before losing to Monte Vista HS 12-1.

#### All DFAL

Nicole Hughes was named Co-MVP of the DFAL.

#### First team

Nicole Hughes, senior  
Kelly Jenkins-Stark, senior

#### Second team

Jenna Lambert, senior  
Michelle Roses, senior  
Alissa Skuce, senior  
Leigha Winters, senior

#### Honorable Mention

Taylor Stern, freshman

#### All East Bay & North Bay

Nicole Hughes, senior, first team  
Kelly Jenkins-Stark, senior, third team

#### All Times

Nicole Hughes, a senior, was an All-Times selection for the second consecutive year.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.12.  
Frosh-soph team with an overall GPA of 3.25.  
Novice team with an overall GPA of 3.24.

#### NCS Scholar Athletes

#### Varsity

Alison Chew  
Shanna Hoversten  
Nicole Hughes  
Michelle Roses  
Taylor Stern  
Leigha Winters

#### Frosh-Soph

Jessica Evans  
Shannon Pegnim

#### Novice

Grace Appert  
Hannah O'Brien  
Terilyn Thompson  
Sophia Wong

## Winter Sports Update

The Boys Basketball team finished the season 16-12 overall, and 9-5 in the DFAL. They went on to defeat De Anza HS in the NCS playoffs before losing to Alhambra HS in the quarterfinals.

### All DFAL

#### Second Team

Jim Kopas (C), senior

#### Honorable Mention

Jordan Fillmore (F), sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.13.

Freshman team with an overall GPA of 3.17.

### NCS Scholar Athletes

#### Varsity

Mike Balestrieri  
Mike Hammonds  
Kevin Phillips

#### Junior Varsity

Brooks Baker  
Keenan Cronen  
Ben Englehart  
Scott Hampton  
Joe Valkovich

#### Freshman

Scott Abbott  
Hunter Hewitt  
Rob O'Keefe

The Girls Basketball team finished 12-14 overall, and 9-5 in the DFAL.

All DFAL

First Team

Kriste Marciulionis (C), senior

Honorable Mention

Molly Peterson (G), junior

The Varsity team had the third highest overall GPA in the North Coast Section for all division 3 girls basketball programs.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.61.

Junior varsity team with an overall GPA of 3.29.

Freshman team with an overall GPA of 3.03.

NCS Scholar Athletes

Varsity

Emily Banville

Kelsey Barclay

Sara Clancy

Pierce Curtis

Rose Palley

Molly Peterson

Jillian Smith

Junior varsity

Grace Appert

Dara Dickson

Laura Lazzarini

Kate Lennon

Claire McConnell

Hannah O'Brien

Freshman

Julianna DiMiceli

Zoe Maarse

Arielle Thal

Vanessa Wilson

The Boys Soccer team finished with a 14-6-5 overall record and placed second in the DFAL with an 11-4-3 record. They qualified for the NCS playoffs and were defeated by De Anza HS 2-1 in the quarterfinals.

#### All DFAL

Ryan Callahan was named the DFAL Most Valuable Player.

##### First team

Kyle Hertel, junior  
Edwin Mesones, senior

##### Second team

Eddie Edelson, senior  
Brian Schwertscharf, senior

##### Honorable mention

Scott Arnold, senior  
Ben Geier, junior  
Ryan McCowan, sophomore

#### All Times

Ryan Callahan was named as an All-Times selection.

NCS Scholar Team honors

Varsity team with an overall GPA of 3.10.

#### NCS Scholar Athletes

##### Varsity

Scott Arnold  
Andy Carda  
Eddie Edelson  
Jake Geier  
Alex McArthur  
Dan Philpot  
Andy Shumaker

##### Junior varsity

Don Kephart  
Michael Warren

##### Frosh-Soph

Michael Dai  
Mark Sanderson-Cimino  
Jack Sullivan

The Girls Soccer team had an overall record of 11-10-2 and placed fourth in the DFAL with a 9-7-2 record. They qualified for the NCS playoffs. They defeated Berean Christian HS 3-2 in the quarterfinals before being defeated by Bishop O'Dowd HS 3-0 in the semifinals.

#### All DFAL

Abby Stretch was named DFAL Co-Offensive Most Valuable Player.

#### First team

Lizzie Masland, senior  
Erika Wesley, sophomore

#### Second team

Rachel Resneck, senior  
Abby Stretch, junior

#### Honorable mention

Kristy Adcock, freshman  
Caroline Eva, sophomore  
Jane Rhodes, freshman

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.42.  
Junior varsity team with an overall GPA of 3.25.

#### NCS Scholar Athletes

#### Varsity

Carolina Eva  
Kate Holding  
Lizzie Masland  
Cassie Mullendore  
Erin Nelson  
Heather Pemberton  
Rachel Resneck  
Jane Rhodes  
Ally Schneider  
Lauren Tyburski  
Erika Wesley  
Brooke Winther

#### Junior varsity

Michelle Chew  
Melissa Collins  
Amanda Conrad  
Rachel Cutter  
Katie Hayes  
Kellina Lohman  
Melissa Wilcox  
Kelsey Wyatt-Mair

The Wrestling team continues to improve as they recorded big victories over Campolindo HS and Las Lomas HS to record four DFAL dual meet victories. Jordan Rudman qualified for the NCS Championships for the second consecutive year, with a third place finish in the DFAL

Championships. Nick Carrel finished fourth in the DFAL Championships; Hunter Francis, Greg Weitzman, and Alex Richmond placed fifth; and Andrew Chritton placed sixth.

NCS Scholar Athletes

Nick Carrel  
Chris Chung  
Dan Plauche  
Jordan Rudman  
Greg Weitzman

The Cheerleading team contributed greatly to the football and basketball seasons.

NCS Scholar Team honors:      Varsity team with an overall GPA of 3.13

NCS Scholar Athletes

Varsity

Cody Launzel-Pennes

Junior Varsity

Alison Chew  
Dana Sherne

Spring Sports Update

The Baseball team finished 3<sup>rd</sup> in the DFAL. They defeated De Anza HS and Las Lomas HS in the NCS playoffs before being defeated by Miramonte HS in the NCS Championship game.

#### All DFAL

##### First team

Derek Poppert (infield), junior

Mike Stone (catcher), junior

##### Second team

Brian Diemer (utility), junior

Sean Watson (pitcher), senior

##### Honorable mention

Travis Beecroft(pitcher),junior

NCS Scholar Team honors:

Freshman team with an overall GPA of 3.12.

#### NCS Scholar Athletes

##### Varsity

Scott Emery

Kevin Phillips

Derek Poppert

Joe Wallace

Sean Watson

##### Junior Varsity

Andrew Applebury

Ben Englehart

##### Freshman

Scott Hampton

Ian Johnson

Aaron Kwan

Robert O'Keefe

Ben Poth

Gordon Spahr

The Boys Golf team won the DFAL Championship, placed 2<sup>nd</sup> at the NCS Tournament of Champions, and 9<sup>th</sup> at the CIF Nor Cal Championships.

Tim Scott was selected as the All Times Boys Golf Coach of the Year.

#### All-DFAL

##### First Team

Ryan Collins

Robert Warren

##### Second Team

Michael Fajardo

Patrick Sklarski

NCS Scholar Team honors:

Junior varsity team with an overall GPA of 3.03.

#### NCS Scholar Athletes

##### Varsity

##### Junior Varsity

Jack Sullivan

Michael Warren

Matt Ybarra

The Boys Lacrosse team finished with a 9-10 overall record. They qualified for the DVLL playoffs with a thrilling 7-6 victory over Miramonte HS to qualify for the DVLL playoffs. Their season ended with a 7-6 loss to Campolindo HS in the first round of the DVLL playoffs.

#### All-DVLL

##### First Team

Sam Briggs (attack), junior

##### Second Team

Luke Musser (midfield), junior

#### NCS Scholar Athletes

##### Varsity

Chad Hirsch

Jon Pegan

Tyler Rey

Brett Winters

Mike Yarrington

##### Junior varsity

Andrew Chritton

Will Grove

Mark Sommer

The Girls Lacrosse team was the DFAL Champion and the NCS Championships. They defeated Davis HS and Foothill HS in the NCS playoffs before crushing University HS in the championship game 13-4.

#### All-Northern California USA Lacrosse

##### First Team

Annie McKinley, senior  
Ali Ousley, senior

##### Honorable Mention

Molly Peterson, junior

#### All-DVLL

##### First Team

Jessica Hoffschneider, senior  
Lindsay MacFee, junior  
Annie McKinley, senior  
Ali Ousley, senior  
Molly Peterson, junior

##### Second Team

Claire Geisse, senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.14.

#### NCS Scholar Athletes

##### Varsity

Claire Geisse  
Jessica Hoffschneider  
Annie McKinley  
Molly Peterson  
Amanda Saribalis  
Lauren Tyburski  
Rachel Zestar-Postrk

##### Junior varsity

Kaitlyn Bowles  
Claire deCrescenzo  
Claire Payne  
Maria Pestana  
Krissy Rich

The Varsity Softball team finished 14-10 with a young team. They defeated Albany HS in the first round of the NCS playoffs before losing to Alhambra HS 5-1 in the NCS quarterfinals.

#### All DFAL

##### First team

Sara Stenson (C), sophomore

##### Second team

Jessica Miller (OF), senior

##### Honorable Mention

Fraschieri Hannah (1B),sophomore  
Brittney Frey (Infield), junior  
Yvette Dickson (Util),freshman

#### NCS Scholar Athletes

##### Varsity

Hannah Fraschieri  
Madeline Nicolson

##### Junior varsity

Kelsi Schoenrock  
Carissa Solari

The Boys Swim team placed 5<sup>th</sup> in the NCS Championships.  
Nick Ferrif placed 4<sup>th</sup> in the 100 breaststroke, and 8<sup>th</sup> in the 100 butterfly.  
Ted Cotter was 6<sup>th</sup> in the 100 backstroke.  
The 200 freestyle relay team placed 5<sup>th</sup> and the 400 relay team placed 6<sup>th</sup>.  
The Girls Swim team placed 10<sup>th</sup> in the NCS Championships.  
Kelly Mooney placed 7<sup>th</sup> in the 200 freestyle, and 8<sup>th</sup> in the 500 freestyle.  
The 400 relay team placed 4<sup>th</sup>  
In the diving competition, Billy Sweezer placed 3<sup>rd</sup>, Katelynn Guglielmo placed 8<sup>th</sup>, and Laura Winn 9<sup>th</sup>.

NCS Scholar Team honors:      Varsity boys team with an overall GPA of 3.05.  
   Junior Varsity boys team with an overall GPA of 3.02.  
   Varsity girls team with an overall GPA of 3.14.

#### NCS Scholar Athletes

##### Boys Swimming

###### Varsity

Matt Boone  
Nick Ferrif  
Jake Norton  
Joey Seroy

###### Junior Varsity

Randy Bozzini  
Greg Cameron  
Blair Ridings  
Greg Walker

##### Girls Swimming

###### Varsity

Sarah Caldwell  
Jessica Evans  
Valerie Lew  
Kelly Mooney  
Rose Palley  
Michelle Roses  
Leigha Winters

###### Junior Varsity

Erin Connolly  
Claire McConnell  
Kelly Scribner

###### Diving

Katie Copenhagen  
Katlynn Guglielmo  
Dan Philpot  
Andrea Pinedo

The Boys Tennis team improved on last years record by finishing tied for 3rd in the DFAL with a 13-5 record. Gordon Forrest made it to the DFAL singles quarterfinals by winning his first two matches before being eliminated. Greg Corbett and Sam Rodrigues, and Andy Durgin and John Karsant made it to the DFAL doubles quarterfinals by winning their first two matches before being eliminated.

#### All-DFAL Singles

##### Honorable Mention

Gordon Forrest, junior  
Pierce Jagger, senior

#### All-DFAL Doubles

Greg Corbett, senior and Sam Rodrigues, senior were first team selections.  
Andy Durgin, junior and John Karsant, junior were second team selections.

NCS Scholar Team honors:      Varsity team with an overall GPA of 3.04.  
   Junior Varsity team with an overall GPA of 3.29.

#### NCS Scholar Athletes

##### Varsity

Andrew Elefant  
Alexx Perloff  
Spencer Perloff  
Aaron Seong  
Brian Strachan

##### Junior Varsity

Wesley Chen  
Russell Eisenman  
Yoonho Ji  
Jason Quinn  
Jonathan Sheu  
Sen-Yeung Shu  
Brett Stephens  
Jay Yarlagadda  
Drew St. Pierre

The Boys Track & Field team placed 16<sup>th</sup> at the NCS Meet of Champions.  
 Alex Love placed 4<sup>th</sup> at the NCS Meet of Champions to qualify for the CIF State Championships, and won the 400 at the NCS Tri-Valley Championships.  
 Joey Thomas placed 4<sup>th</sup> in the 800 at the NCS Meet of Champions to qualify for the CIF State Championships, and placed 5<sup>th</sup> in the 800 at the NCS Tri-Valley Championships.  
 Don Kephart placed 4<sup>th</sup> in the discus and shotput at the NCS Tri-Valley Championships.  
 Michael Sutyak placed 5<sup>th</sup> in the 1600 at the NCS Tri-Valley Championships.  
 Ryon Lawson placed 7<sup>th</sup> in the 1600 at the NCS Tri-Valley Championships.  
 Mark Lennon placed 6<sup>th</sup> in the 300 intermediate hurdles at the NCS Tri-Valley Championships.  
 The 1600 relay team of Dan Lorenzana, Alex Love, Brian Schwertscharf, and Joey Thomas placed 6<sup>th</sup> at the NCS Tri-Valley Championships.  
 Mo Huber placed 3<sup>rd</sup> in the 1600, and 2<sup>nd</sup> in the 3200 at the NCS Tri-Valley Championships.  
 Melanie Anderson placed 4<sup>th</sup> in the discus at the NCS Tri-Valley Championships.  
 Kate Lennon placed 6<sup>th</sup> in the high jump at the NCS Tri-Valley Championships.

Alex Love, a senior was an All Times selection.

The Girls varsity team was 2<sup>nd</sup> in the NCS Tri-Valley region with an overall GPA of 3.38.

NCS Scholar Team honors:      Boys varsity team with an overall GPA of 3.09.  
    Girls varsity team with an overall GPA of 3.38.  
    Boys junior varsity team with an overall GPA of 3.11.  
    Girls junior varsity team with an overall GPA of 3.40.

#### NCS Scholar Athletes

##### Boys Varsity Track & Field

Joey Anderson  
 Anirban Chowdhury  
 Jason Gee  
 Don Kephart  
 Dan Lorenzana  
 Connor Mooney  
 Joey Thomas

##### Boys Junior Varsity Track & Field

Jusvinder Dhillon  
 Michael Hammonds  
 Brendan Lehman  
 Kyle Matthews  
 Mackenzie Merritt-Smith  
 Mark Sanderson-Cimino  
 Neil Zhang

##### Girls Track & Field

Melanie Anderson  
 Alissa Chastain  
 Sara Clancy  
 Dara Dickson  
 Drusia Dickson  
 Katie Hayes  
 Mariko Kellogg  
 Anne Lee  
 Kate Lennon

##### Girls Junior Varsity Track & Field

Grace Appert  
 Emily Baker  
 Emma Chastain  
 Andrea Guyette  
 Malgosia Kostecka  
 Rebecca Lorenzana  
 Alicia Yee

The Boys Volleyball team finished with a 14-15 overall record.

All DFAL

First team

Mason Mulvaney, senior

Second team

Eric Thomas, junior

Honorable mention

Alex Dabrowiecki, senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.20.

Junior varsity team with an overall GPA of 3.27.

NCS Scholar Athletes

Varsity

Johnny Capelli

Terrence Chen

Charley Henrikson

Chris Lau

Mark Reuter

Eric Thomas

Junior varsity

Nick Moehle

## Times Top 100 Athletes

Mo Huber, junior. Cross country, and track.  
Annie McKinley, senior. Lacrosse.

## Senior Awards

Edwin Mesones won the Harry Radcliffe Award for the unsung hero of the athletic department. Ryan Callahan, Nicole Hughes, and Annie McKinley won the Most Outstanding Athlete Award for excellence in a single sport.

Abby Stretch and Jay Warner won the Most Valuable Athlete Award for excellence in several sports.

Chris Chung and Nicole Hughes won the Booster Club Athlete of the Year Award for athletic and academic participation over four years.

## Overall Update.

112/341 Scholar athletes in the Fall.

14/19 Scholar teams in the Fall.

66/198 Scholar athletes in the Winter.

8/12 Scholar teams in the Winter.

113/419 Scholar athletes in the Spring.

15/24 Scholar teams in the Spring.

291/958 Scholar athletes in the year.

37/55 Scholar teams in the year.

67% of our teams received scholar team honors.

30% of our student-athletes received scholar-athlete honors.

732 students participate in at least one sport, which is 55% of our student body.

214 students are two-sport athletes, and 24 students are three-sport athletes.

All DFAL selections. These are voted upon by the head coaches in the league.

NCS Scholar Athlete. GPA must be 3.5 or higher. Determined by the non-weighted grade point average for the marking period.

NCS Scholar Team honors. Average GPA must be 3.0 or higher. Determined by the teams average non-weighted grade point average for the marking period.