

Fall sports athletic update.

The Cross Country team had an outstanding season with the boys and girls placing 4th at the NCS Championships. The boys were led by Ryon Lawson and Nate Beach finishing tied for 8th place, and Michael Sutyak finishing in 14th place. The girls were led by Mo Huber winning the event, and Drusia Dickson finishing in 7th place. Both teams qualified for the CIF state championships. The boy's team was 5th in division III at the state meet led by Michael Sutyak (35th). Mo Huber finished in 6th place. The varsity girl's received NCS Scholastic Championship Team honors. Their 3.63 GPA was 3rd highest among division III schools in the section.

All DFAL

First team

Mo Huber, junior

Michael Sutyak, senior

Second team

Drusia Dickson, senior

All Times

Mo Huber, a junior was an All Times selection for the second consecutive year.

NCS Scholar Team honors:

Varsity boy's team with an overall GPA of 3.22.

Varsity girl's team with an overall GPA of 3.63.

Non-varsity boy's team with an overall GPA of 3.19.

Non-varsity girl's team with an overall GPA of 3.24

NCS Scholar Athletes

Varsity

Nate Beach

Alissa Chastain

Chris Chung

Sara Clancy

Dara Dickson

Drusia Dickson

Claire Geisse

Andy Gianakos

Maureen Huber

Mariko Kellogg

Rebecca Lorenzana

Alex Love

Kristen Marchus

Kristie McGoldrick

Connor Mooney

Bill Neill

Molly Schmid

Joey Thomas

Rachel Zestar-Postrk

Non-varsity

Cameron Attaran

Miller Bauer

Cody Blocker

Emma Chastain

Jusvinder Dhillon

Juliana DiMiceli

Bryan Dinerman

Russell Eisenman

Audrey Espey

Michael Feyk

Elicia Fox

Hanako Hjersman

David Horn

Kyle Mathews

Dan Naylor

Bronwen O'Herin

Nick Pegan

Erica Presser

Aaron Seong

Whitney Sherman

Kirk Steuber

Maxine Stinnett

Drew St. Pierre

Jake Wignall

The Football team finished 8-4 overall, and 2nd in the DFAL with a 7-2 league record qualifying for the NCS playoffs. They defeated St. Mary's HS 48-6 in the first round before losing to Bishop O'Dowd HS 28-7 in the semi-finals.

All DFAL

First team

Mike Spieler (P), senior

Second team

Mike Balestrieri (DE), junior
Gavin Beeman (DB), junior
Zane Blackman (RB), senior
Chris Bohannon (LB), junior

Honorable mention

Cole Adcock (TE), junior
Gavin Beeman (Util), junior
Chris Bohannon (RB), junior
Greg Corbett (QB), senior
Nick Corr (OL), senior
Jason Gee (OL), junior
Dan Lopez (DL), junior
Dan Masi (WR), junior
Dan Masi (DB), junior
Wyatt Zorn (OL), senior

NCS Scholar Athletes

Varsity

Mike Balestrieri
Inder Dhillon
Jason Gee
David Granlund
Dan Lorenzana
Rory Mouat

Junior varsity

Scott Emery
Scott Gaylord
Don Kephart
Kevin Reid
Nate Shaw

Freshman

Randy Bozzini
Will Grove
Hunter Hewitt
Ian Johnson
Aaron Kwan
Ben Poth
Kery Rourke
Vinnie Urdea
Joe Wignall

The Girls Golf team finished second in the DFAL. They were led by Taylor Lee, who finished first at the DFAL Championships, fourth at the NCS Championships, and 12th at the CIF Northern California Championships.

All DFAL

First Team

Taylor Lee, junior

Morgan Perales, junior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.28.
Non-varsity team with an overall GPA of 3.20.

NCS Scholar Athletes

Jessica Bruns

Taylor Lee

Lisa Okamoto

The Girl's Tennis team finished 6-12. They were led by singles player Stephanie Davenport, and doubles teams of Amanda Cherne and Alex Green, and Chloe Green and Amanda Holding, who won their first matches at the DFAL Championships.

Seniors Amanda Cherne and Alex Green were named honorable mention for doubles.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.39.
Junior varsity team with an overall GPA of 3.35.

NCS Scholar Athletes

Varsity

Amanda Cherne

Stephanie Davenport

Alex Green

Chloe Green

Megan Grove

Laura Harper

Amanda Holding

Leslie Su

Junior varsity

Claire DeCrescenzo

Kelsey Lee

Ariel Neidermeier

Lisa Walker

Janette Wallen

Jessie Yarrow

The Girls Volleyball team had an overall record of 22-9, and a DFAL record of 14-4 to finish 3rd in the league. They qualified for the NCS playoffs, and made it to the quarterfinals by defeating falling to Bishop O'Dowd HS.

All DFAL

First Team

Carly Bouza, junior
Alley Mitchell, junior

Second Team

Hayley Hall, senior

Honorable Mention

Alex Bouza, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.09.
Junior varsity team with an overall GPA of 3.14.
Freshman team with an overall GPA of 3.04.

NCS Scholar Athletes

Varsity

Allison Frazier
Kate Lennon
Alley Mitchell
Amanda Sorensen

Junior varsity

Kaitlyn Bowles
Natalie Nicolson
Nicole Perales
Pooja Yabannaver

Freshman

Kristine Lam
Maria Pestana
Carissa Solari
Kelsey Wyatt-Mair

The Boys Water Polo team finished with an 11-14 overall record, and 4-2 DFAL record to place third. They advanced to the quarter finals of the NCS playoffs by defeating Marin Catholic HS 9-4 before losing a heart breaker to Miramonte HS 10-9.

All DFAL

First team

Steve Andron, junior
Phil Jones, senior
Jay Warner, senior

Second team

Paul Burgin, junior
Nick Ferrif, sophomore

Honorable Mention

Patton Christofides, senior
Thomas Dawson, senior

All East Bay & North Bay

Stephen Andron, junior, second team
Jay Warner, senior, third team

NCS Scholar Athletes

Varsity

Phil Jones

Frosh-soph

Matt Boone
Will Ewing
Cam Kauzer
Blair Ridings
Joe Seroy
Greg Walker

The Girls Water Polo team finished with a 15-11 overall record, and 4-2 DFAL record to place third. They advanced to the quarterfinals of the NCS playoffs by defeating Washington HS 11-2 before losing to Monte Vista HS 12-1.

All DFAL

Nicole Hughes was named Co-MVP of the DFAL.

First team

Nicole Hughes, senior
Kelly Jenkins-Stark, senior

Second team

Jenna Lambert, senior
Michelle Roses, senior
Alissa Skuce, senior
Leigha Winters, senior

Honorable Mention

Taylor Stern, freshman

All East Bay & North Bay

Nicole Hughes, senior, first team
Kelly Jenkins-Stark, senior, third team

All Times

Nicole Hughes, a senior, was an All-Times selection for the second consecutive year.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.12.
Frosh-soph team with an overall GPA of 3.25.
Novice team with an overall GPA of 3.24.

NCS Scholar Athletes

Varsity

Alison Chew
Shanna Hoversten
Nicole Hughes
Michelle Roses
Taylor Stern
Leigha Winters

Frosh-Soph

Jessica Evans
Shannon Pegnim

Novice

Grace Appert
Hannah O'Brien
Terilyn Thompson
Sophia Wong

Winter Sports Update

The Boys Basketball team finished the season 16-12 overall, and 9-5 in the DFAL. They went on to defeat De Anza HS in the NCS playoffs before losing to Alhambra HS in the quarterfinals.

All DFAL

Second Team

Jim Kopas (C), senior

Honorable Mention

Jordan Fillmore (F), sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.13.

Freshman team with an overall GPA of 3.17.

NCS Scholar Athletes

Varsity

Mike Balestrieri
Mike Hammonds
Kevin Phillips

Junior Varsity

Brooks Baker
Keenan Cronen
Ben Englehart
Scott Hampton
Joe Valkovich

Freshman

Scott Abbott
Hunter Hewitt
Rob O'Keefe

The Girls Basketball team finished 12-14 overall, and 9-5 in the DFAL.

All DFAL

First Team

Kriste Marciulionis (C), senior

Honorable Mention

Molly Peterson (G), junior

The Varsity team had the third highest overall GPA in the North Coast Section for all division 3 girls basketball programs.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.61.

Junior varsity team with an overall GPA of 3.29.

Freshman team with an overall GPA of 3.03.

NCS Scholar Athletes

Varsity

Emily Banville

Kelsey Barclay

Sara Clancy

Pierce Curtis

Rose Palley

Molly Peterson

Jillian Smith

Junior varsity

Grace Appert

Dara Dickson

Laura Lazzarini

Kate Lennon

Claire McConnell

Hannah O'Brien

Freshman

Julianna DiMiceli

Zoe Maarse

Arielle Thal

Vanessa Wilson

The Boys Soccer team finished with a 14-6-5 overall record and placed second in the DFAL with an 11-4-3 record. They qualified for the NCS playoffs and were defeated by De Anza HS 2-1 in the quarterfinals.

All DFAL

Ryan Callahan was named the DFAL Most Valuable Player.

First team

Kyle Hertel, junior
Edwin Mesones, senior

Second team

Eddie Edelson, senior
Brian Schwertscharf, senior

Honorable mention

Scott Arnold, senior
Ben Geier, junior
Ryan McCowan, sophomore

All Times

Ryan Callahan was named as an All-Times selection.

NCS Scholar Team honors

Varsity team with an overall GPA of 3.10.

NCS Scholar Athletes

Varsity

Scott Arnold
Andy Carda
Eddie Edelson
Jake Geier
Alex McArthur
Dan Philpot
Andy Shumaker

Junior varsity

Don Kephart
Michael Warren

Frosh-Soph

Michael Dai
Mark Sanderson-Cimino
Jack Sullivan

The Girls Soccer team had an overall record of 11-10-2 and placed fourth in the DFAL with a 9-7-2 record. They qualified for the NCS playoffs. They defeated Berean Christian HS 3-2 in the quarterfinals before being defeated by Bishop O'Dowd HS 3-0 in the semifinals.

All DFAL

Abby Stretch was named DFAL Co-Offensive Most Valuable Player.

First team

Lizzie Masland, senior
Erika Wesley, sophomore

Second team

Rachel Resneck, senior
Abby Stretch, junior

Honorable mention

Kristy Adcock, freshman
Caroline Eva, sophomore
Jane Rhodes, freshman

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.42.
Junior varsity team with an overall GPA of 3.25.

NCS Scholar Athletes

Varsity

Carolina Eva
Kate Holding
Lizzie Masland
Cassie Mullendore
Erin Nelson
Heather Pemberton
Rachel Resneck
Jane Rhodes
Ally Schneider
Lauren Tyburski
Erika Wesley
Brooke Winther

Junior varsity

Michelle Chew
Melissa Collins
Amanda Conrad
Rachel Cutter
Katie Hayes
Kellina Lohman
Melissa Wilcox
Kelsey Wyatt-Mair

The Wrestling team continues to improve as they recorded big victories over Campolindo HS and Las Lomas HS to record four DFAL dual meet victories. Jordan Rudman qualified for the NCS Championships for the second consecutive year, with a third place finish in the DFAL

Championships. Nick Carrel finished fourth in the DFAL Championships; Hunter Francis, Greg Weitzman, and Alex Richmond placed fifth; and Andrew Chritton placed sixth.

NCS Scholar Athletes

Nick Carrel
Chris Chung
Dan Plauche
Jordan Rudman
Greg Weitzman

The Cheerleading team contributed greatly to the football and basketball seasons.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.13

NCS Scholar Athletes

Varsity

Cody Launzel-Pennes

Junior Varsity

Alison Chew
Dana Sherne

Spring Sports Update

The Baseball team finished 3rd in the DFAL. They defeated De Anza HS and Las Lomas HS in the NCS playoffs before being defeated by Miramonte HS in the NCS Championship game.

All DFAL

First team

Derek Poppert (infield), junior

Mike Stone (catcher), junior

Second team

Brian Diemer (utility), junior

Sean Watson (pitcher), senior

Honorable mention

Travis Beecroft(pitcher),junior

NCS Scholar Team honors:

Freshman team with an overall GPA of 3.12.

NCS Scholar Athletes

Varsity

Scott Emery

Kevin Phillips

Derek Poppert

Joe Wallace

Sean Watson

Junior Varsity

Andrew Applebury

Ben Englehart

Freshman

Scott Hampton

Ian Johnson

Aaron Kwan

Robert O'Keefe

Ben Poth

Gordon Spahr

The Boys Golf team won the DFAL Championship, placed 2nd at the NCS Tournament of Champions, and 9th at the CIF Nor Cal Championships.

Tim Scott was selected as the All Times Boys Golf Coach of the Year.

All-DFAL

First Team

Ryan Collins

Robert Warren

Second Team

Michael Fajardo

Patrick Sklarski

NCS Scholar Team honors:

Junior varsity team with an overall GPA of 3.03.

NCS Scholar Athletes

Varsity

Junior Varsity

Jack Sullivan

Michael Warren

Matt Ybarra

The Boys Lacrosse team finished with a 9-10 overall record. They qualified for the DVLL playoffs with a thrilling 7-6 victory over Miramonte HS to qualify for the DVLL playoffs. Their season ended with a 7-6 loss to Campolindo HS in the first round of the DVLL playoffs.

All-DVLL

First Team

Sam Briggs (attack), junior

Second Team

Luke Musser (midfield), junior

NCS Scholar Athletes

Varsity

Chad Hirsch

Jon Pegan

Tyler Rey

Brett Winters

Mike Yarrington

Junior varsity

Andrew Chritton

Will Grove

Mark Sommer

The Girls Lacrosse team was the DFAL Champion and the NCS Championships. They defeated Davis HS and Foothill HS in the NCS playoffs before crushing University HS in the championship game 13-4.

All-Northern California USA Lacrosse

First Team

Annie McKinley, senior
Ali Ousley, senior

Honorable Mention

Molly Peterson, junior

All-DVLL

First Team

Jessica Hoffschneider, senior
Lindsay MacFee, junior
Annie McKinley, senior
Ali Ousley, senior
Molly Peterson, junior

Second Team

Claire Geisse, senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.14.

NCS Scholar Athletes

Varsity

Claire Geisse
Jessica Hoffschneider
Annie McKinley
Molly Peterson
Amanda Saribalis
Lauren Tyburski
Rachel Zestar-Postrk

Junior varsity

Kaitlyn Bowles
Claire deCrescenzo
Claire Payne
Maria Pestana
Krissy Rich

The Varsity Softball team finished 14-10 with a young team. They defeated Albany HS in the first round of the NCS playoffs before losing to Alhambra HS 5-1 in the NCS quarterfinals.

All DFAL

First team

Sara Stenson (C), sophomore

Second team

Jessica Miller (OF), senior

Honorable Mention

Fraschieri Hannah (1B),sophomore
Brittney Frey (Infield), junior
Yvette Dickson (Util),freshman

NCS Scholar Athletes

Varsity

Hannah Fraschieri
Madeline Nicolson

Junior varsity

Kelsi Schoenrock
Carissa Solari

The Boys Swim team placed 5th in the NCS Championships.
Nick Ferrif placed 4th in the 100 breaststroke, and 8th in the 100 butterfly.
Ted Cotter was 6th in the 100 backstroke.
The 200 freestyle relay team placed 5th and the 400 relay team placed 6th.
The Girls Swim team placed 10th in the NCS Championships.
Kelly Mooney placed 7th in the 200 freestyle, and 8th in the 500 freestyle.
The 400 relay team placed 4th
In the diving competition, Billy Sweezer placed 3rd, Katelynn Guglielmo placed 8th, and Laura Winn 9th.

NCS Scholar Team honors: Varsity boys team with an overall GPA of 3.05.
 Junior Varsity boys team with an overall GPA of 3.02.
 Varsity girls team with an overall GPA of 3.14.

NCS Scholar Athletes

Boys Swimming

Varsity

Matt Boone
Nick Ferrif
Jake Norton
Joey Seroy

Junior Varsity

Randy Bozzini
Greg Cameron
Blair Ridings
Greg Walker

Girls Swimming

Varsity

Sarah Caldwell
Jessica Evans
Valerie Lew
Kelly Mooney
Rose Palley
Michelle Roses
Leigha Winters

Junior Varsity

Erin Connolly
Claire McConnell
Kelly Scribner

Diving

Katie Copenhagen
Katlynn Guglielmo
Dan Philpot
Andrea Pinedo

The Boys Tennis team improved on last years record by finishing tied for 3rd in the DFAL with a 13-5 record. Gordon Forrest made it to the DFAL singles quarterfinals by winning his first two matches before being eliminated. Greg Corbett and Sam Rodrigues, and Andy Durgin and John Karsant made it to the DFAL doubles quarterfinals by winning their first two matches before being eliminated.

All-DFAL Singles

Honorable Mention

Gordon Forrest, junior
Pierce Jagger, senior

All-DFAL Doubles

Greg Corbett, senior and Sam Rodrigues, senior were first team selections.
Andy Durgin, junior and John Karsant, junior were second team selections.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.04.
 Junior Varsity team with an overall GPA of 3.29.

NCS Scholar Athletes

Varsity

Andrew Elefant
Alexx Perloff
Spencer Perloff
Aaron Seong
Brian Strachan

Junior Varsity

Wesley Chen
Russell Eisenman
Yoonho Ji
Jason Quinn
Jonathan Sheu
Sen-Yeung Shu
Brett Stephens
Jay Yarlagadda
Drew St. Pierre

The Boys Track & Field team placed 16th at the NCS Meet of Champions.
Alex Love placed 4th at the NCS Meet of Champions to qualify for the CIF State Championships, and won the 400 at the NCS Tri-Valley Championships.
Joey Thomas placed 4th in the 800 at the NCS Meet of Champions to qualify for the CIF State Championships, and placed 5th in the 800 at the NCS Tri-Valley Championships.
Don Kephart placed 4th in the discus and shotput at the NCS Tri-Valley Championships.
Michael Sutyak placed 5th in the 1600 at the NCS Tri-Valley Championships.
Ryon Lawson placed 7th in the 1600 at the NCS Tri-Valley Championships.
Mark Lennon placed 6th in the 300 intermediate hurdles at the NCS Tri-Valley Championships.
The 1600 relay team of Dan Lorenzana, Alex Love, Brian Schwertscharf, and Joey Thomas placed 6th at the NCS Tri-Valley Championships.
Mo Huber placed 3rd in the 1600, and 2nd in the 3200 at the NCS Tri-Valley Championships.
Melanie Anderson placed 4th in the discus at the NCS Tri-Valley Championships.
Kate Lennon placed 6th in the high jump at the NCS Tri-Valley Championships.

Alex Love, a senior was an All Times selection.

The Girls varsity team was 2nd in the NCS Tri-Valley region with an overall GPA of 3.38.

NCS Scholar Team honors: Boys varsity team with an overall GPA of 3.09.
 Girls varsity team with an overall GPA of 3.38.
 Boys junior varsity team with an overall GPA of 3.11.
 Girls junior varsity team with an overall GPA of 3.40.

NCS Scholar Athletes

Boys Varsity Track & Field

Joey Anderson
Anirban Chowdhury
Jason Gee
Don Kephart
Dan Lorenzana
Connor Mooney
Joey Thomas

Boys Junior Varsity Track & Field

Jusvinder Dhillon
Michael Hammonds
Brendan Lehman
Kyle Matthews
Mackenzie Merritt-Smith
Mark Sanderson-Cimino
Neil Zhang

Girls Track & Field

Melanie Anderson
Alissa Chastain
Sara Clancy
Dara Dickson
Drusia Dickson
Katie Hayes
Mariko Kellogg
Anne Lee
Kate Lennon

Girls Junior Varsity Track & Field

Grace Appert
Emily Baker
Emma Chastain
Andrea Guyette
Malgosia Kostecka
Rebecca Lorenzana
Alicia Yee

The Boys Volleyball team finished with a 14-15 overall record.

All DFAL

First team

Mason Mulvaney, senior

Second team

Eric Thomas, junior

Honorable mention

Alex Dabrowiecki, senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.20.

Junior varsity team with an overall GPA of 3.27.

NCS Scholar Athletes

Varsity

Johnny Capelli

Terrence Chen

Charley Henrikson

Chris Lau

Mark Reuter

Eric Thomas

Junior varsity

Nick Moehle

Times Top 100 Athletes

Mo Huber, junior. Cross country, and track.
Annie McKinley, senior. Lacrosse.

Senior Awards

Edwin Mesones won the Harry Radcliffe Award for the unsung hero of the athletic department. Ryan Callahan, Nicole Hughes, and Annie McKinley won the Most Outstanding Athlete Award for excellence in a single sport.

Abby Stretch and Jay Warner won the Most Valuable Athlete Award for excellence in several sports.

Chris Chung and Nicole Hughes won the Booster Club Athlete of the Year Award for athletic and academic participation over four years.

Overall Update.

112/341 Scholar athletes in the Fall.

14/19 Scholar teams in the Fall.

66/198 Scholar athletes in the Winter.

8/12 Scholar teams in the Winter.

113/419 Scholar athletes in the Spring.

15/24 Scholar teams in the Spring.

291/958 Scholar athletes in the year.

37/55 Scholar teams in the year.

67% of our teams received scholar team honors.

30% of our student-athletes received scholar-athlete honors.

732 students participate in at least one sport, which is 55% of our student body.

214 students are two-sport athletes, and 24 students are three-sport athletes.

All DFAL selections. These are voted upon by the head coaches in the league.

NCS Scholar Athlete. GPA must be 3.5 or higher. Determined by the non-weighted grade point average for the marking period.

NCS Scholar Team honors. Average GPA must be 3.0 or higher. Determined by the teams average non-weighted grade point average for the marking period.